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USA GYMNASTICS

VANESSA ATLER & KRISTY POWELL TIE FOR GOLD

& BLAINE WILSON TAKES IT ALL

1997 JOHN HANCOCK U.S. GYMNASTICS CHAMPIONSHIPS

ALSO INSIDE

- DON'T PUT YOUR EGO ON THE LINE EVERY TIME
- COACHING THE BASICS OF OUR SPORT
- MEET THE 1997 NATIONAL TEAM
- USA GYMNASTICS NATIONAL CONGRESS
- JOHN HANCOCK TOUR OF WORLD GYMNASTICS CHAMPIONS

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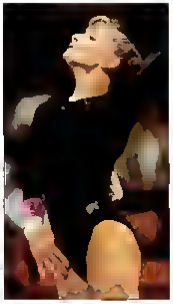
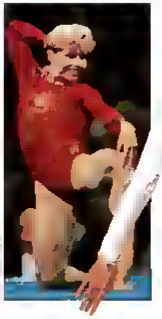

Shannon Miller


Amanda Borden

Amy Chow

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John Hancock U.S. Gymnastics Championships

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Vanessa Atler and Kristy Powell shared the women's all-around title, the first tie in the all-around at the National Championships since 1972, when Joan Moore Gnat and Cathy Rigby McCoy were co-champions Marline Stephens won the junior women's all-around title On the men's side Blaine Wilson won his second consecutive all-around title, surpassing John Roethlisberger by 1.7 points Sean Townsend won the junior men's all-around title in the 16-18 division and Raj Bhavsar won the 14-15 division

1997 National Team

..... 27

Meet the members of the 1997-98 Men's and Women's Senior National Teams Find out where they're from, what club or school they train at, who coaches them and how old they are!

1997 USA Gymnastics National Congress

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The 1997 USA Gymnastics National Congress was held in Denver, Colo, August 13-16, in conjunction with the John Hancock U.S. Gymnastics Championships Ironically, the first Coaches Congress was held in Denver in 1965 The event has certainly grown since then with nearly 1,300 gymnastics professionals in attendance this year

John Hancock Tour of World Gymnastics Champions

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The Magnificent Seven is together again for the John Hancock Tour of World Gymnastics Champions The all new choreographed tour will travel to 33 cities across the country from September 25 to November 30 In addition to the women's team, Mihai Bagiu, John Macready, John Roethlisberger, Kip Simons, Chainey Umphrey, and Blaine Wilson, all members of the 1996 Olympic Team, will perform on the tour Also making special appearances are World Champions Kurt Thomas and Kim Zmeskal, Olympian Jessica Davis, and 1996 Olympic All-Around Champion Lilia Podkopayeva

Below left: World Championships women's team members (from l to r)—Jeunotte Antolin, Kendall Beck, Jennie Thompson, Kristen Maloney, Mohini Bhardwaj, Kristy Powell, and Dominique Moceanu.

Below right: World Championships men's team members (from l to r)—Jim Foody, Jay Thornton, Michael Duthie, John Macready, Josou Gatson, John Roethlisberger, and Blaine Wilson.

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COVER PHOTOGRAPH OF VANESSA ATLER, BLAINE WILSON AND KRISTY POWELL USA GYMNASTICS PHOTOGRAPHY © DAVE BLACK

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Inside USA gymnastics

By Kathy Scanlon
President of
USA Gymnastics

John Hancock U.S. GYMNASTICS CHAMPIONSHIPS
Co-Champions and Comebacks

Congratulations to Blaine Wilson, the Senior Men's National Champion, and Sean Townsend and Raj Bhavsar, the Junior Men's Champions in the 16-18 and 14-15 divisions. Also congratulations to Senior Women's National Co-Champions Kristy Powell and Vanessa Atler and Junior Women's National Champion Marlene Stephens. The John Hancock U.S. Gymnastics Championships in Denver was a very exciting competition. It's the first time in more than 20 years that we have had Co-Champions! In addition to selecting the National Champions in the individual events and all-around, the meet also selected our teams for the World Championships in Lausanne, Switzerland—where we will face world competition under the new *Code of Points*.

In addition to selecting the National Champions in the individual events and all-around, the meet also selected our teams for the World Championships in Lausanne, Switzerland—where we will face world competition under the new Code *of Points*.

One of the most inspiring stories of the Championships was Carri Nagle who trains at Parkettes. I met Carri last December when she represented the United States at the Junior Pan American Championships in Guatemala and helped the United States to a second place team victory. At the Visa American Cup, her coaches Bill and Donna Strauss and Jack Carter got a call from the gym in Pennsylvania that Carri had broken a vertebrae in her back while training at the gym. Her coaches and teammates at the American Cup were very worried about her. The next time I saw Carri at the American Classic in New Haven, she had a back cast, but was already talking about getting back into training. At the John Hancock U.S. Championships, Carri once again earned a place on the Junior National Team—great comeback Carri!

A few months ago I wrote about the friendships that form through gymnastics experience. In May a coach in Brazil, Georgette Vidor, along with members of the Brazilian National Team, were seriously injured in a bus accident while traveling to a meet. Georgette had attended the Pan American Training Camp in Houston for several years and had attended this spring's Pan American Invitational, also in Houston.

Through the hard work of City Councilman John Kelley, who chairs the Houston International Sports Committee, the community rallied around Georgette and brought her to their city for medical analysis and treatment. Many gymnasts and coaches were on hand at the airport in Houston on August 24 to welcome her arrival and wish her the best possible recovery.

As school approaches so does the competition season for gymnasts. Best of luck to all of you this year—may all your goals in school and in gymnastics come true!

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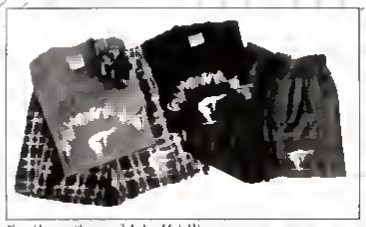

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A) B)

C) D)

VIDEOS

A) *Atlanta's Magnificent Seven* The magic of the '96 Olympic U.S. women's team **$25.00** *VIDOLYG*

B) *Gymnastics' Greatest Champions* 1996 National Championship **$25.00** *VIDGRCH*

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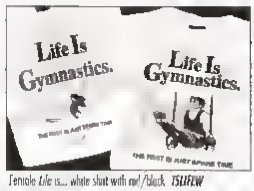

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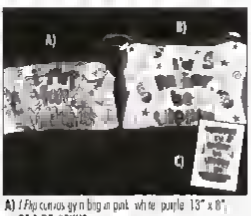

A) *Flip* canvas gym bag in pink, white, purple 13" x 8", **$14.95** *BGYMS*
B) *Flippin* canvas/nylon bag in red, blue, green, yellow. 14" x 10" **$14.95** *BGYMR*
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DON'T PUT YOUR EGO ON THE LINE EVERY TIME

By Alan Goldberg, Ed.D.

Sally is on her last and best event, vault. All she needs is an 8.50 for her team to win the title. She salutes the judges, runs down the runway, hits the board, explodes off the vault and lands right on her bottom. She has one more chance, one more vault. However, her second vault looks identical to the first vault.

Out of intense feelings of shame she tells herself that she might as well quit gymnastics, that she's nothing but a loser anyway. Later that night she's surprised to find herself beginning to question her decision to go to college the next year. Maybe she just doesn't have the right stuff.

Probably one of the toughest skills for any athlete to develop is the ability to separate his/her worth as a person from the quality or outcome of his/her performance. Too many athletes, like the one described above, make the serious mistake of believing that when they perform poorly, they have something to be ashamed of and that they are less deserving of love and respect than when they win. This way of thinking is terribly destructive, killing the joy inherent in sports and interfering with an athlete's quest for excellence.

When gymnasts compete and their ego is on the line, they set themselves up to fail big. Winning becomes too important and losing becomes a crushing humiliation, something to be avoided at all costs. In this light we can certainly understand the behavior of young athletes who are driven to unsportsmanlike actions.

A preoccupation with winning and losing puts excessive pressure on the athlete, tightening them up physically and mentally. With so much at stake, the athlete's movements get tentative, self-conscious, and awkward. Concentration becomes impossible as the mind races, entertaining distorted fears and the what ifs. "What if I lose?" "What if I blow my dismount?" "What if I drop my hoop?" The athlete is now unable to take the risks so necessary for optimal performance.

Furthermore, athletes don't have fun when they believe their self-worth is on the line. And without the fun, an athlete will not perform up to his/her capabilities.

Winning is definitely important and losing is no fun. There has never been a champion who likes to lose.

In fact, elite athletes hate losing with a passion. But losing, making mistakes, and other set backs are an inherent part of sports, and life for that matter. When you compete, then by definition there will be winners and losers, and usually many more of the latter.

Furthermore, champions know that poor performances provide them with an important source of feedback for learning and improvement. When a champion loses, he or she says: "what can I learn from that?" When a loser loses, he/she views the results as concrete evidence of personal failure and inadequacies.

When competing, athletes should stay in the present, performing each move, one at a time. Peak athletic experiences only happen with this present, ego-less focus. Choking experiences in athletics always happen with a past or future focus when you, as a person, think you have a lot to lose. Enjoy the moment by moment struggle in sport competition because this is what it's all about.

Gymnasts don't tumble to get from one side of the floor to the other. It's the participation in and process of competitive sports that is fun, rewarding and teaches us some valuable lessons, not the trophy case filled with pieces of dust-covered metal and plastic.

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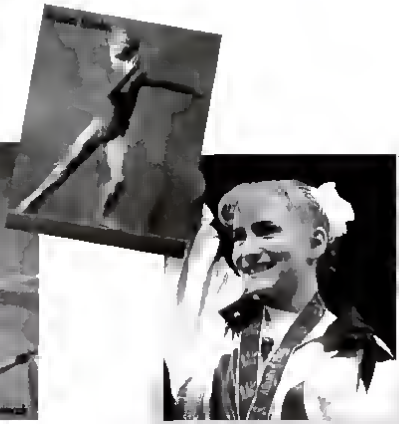
1997 U.S CHALLENGE AND WORLD UNIVERSITY GAMES TRIALS

Marni L. Sabia

Both the U S Challenge and the World University Games Trials were held June 27 29 in Cincinnati, Ohio Cincinnati Gymnastics Academy, home of 1996 Olympic coach Mary Lee Tracy, her new assistant Kim Zmeskal, and 1996 Olympians Joycie Phelps and Amanda Borden, hosted the event

The World University Games Trials brought the most excitement to the venue as world renowned Shannon Miller walked into CGA with her coach Steve Nunno Shannon won the competition and will represent the University of Oklahoma in Sicily, Italy Kathleen Shrieves and Kristi Lichey, both of the University of Georgia, will also travel to Sicily Rounding out the U S team will be Meredith Willard and Leah Brown, whose spots were determined at the 1997 NCAA Championships, held earlier this year

National Elite Testing took place Saturday morning for the children and juniors These six compulsory routines made up 40 percent of their final U S Challenge all-around scores The remaining 60 percent consisted of Sunday's optionals Coming out on top were Kristal Uzelac of Parkettes in the children's division and Brittney Koncak of HUGS in the junior division The top eight gymnasts in both categories qualified to the 1997 National Gymnastics Festival held at the U S Classic in Seattle Wash., July 24 27



USA GYMNASTICS PHOTOGRAPHY / ALLEN BERG

The Senior division also competed in the U S Challenge, although their all-around scores were a 100 percent reflection of the optional competition, held Sunday afternoon The top four seniors led by Nikki Beyschau of the Arizona Sunrays, also will compete in the 1997 National GymFest

U.S. CHALLENGE

JUNE 29, 1997

NATIONAL ELITE-CNILDREN

ALL-AROUND STANDINGS

			V	UB	BB	FX	TOTAL	WTD
1	Kristal Uzelac	Parkettes						
			8.875	9.375	9.500	9.235	36.985	29.428
			8.760	8.525	9.425	9.075	35.785	42.942
		TOT	17.635	17.900	18.925	18.310	72.570	72.370
2	Ashley Postell	Capital-Tx						
			9.100	9.300	8.875	9.475	36.750	27.000
			9.460	9.000	8.750	8.550	35.760	42.912
		TOT	18.560	18.300	17.625	17.525	72.010	71.912
3	Jamie Cox	Southern Indiana						
			8.975	9.200	8.400	9.110	35.685	28.548
			9.075	8.775	8.750	9.250	35.850	43.020
		TOT	18.050	17.975	17.150	18.360	71.535	71.568
4	Ashlee Bradley	Cincinnati Gymnastics						
			9.025	9.450	8.675	9.075	36.225	28.980
			8.650	8.000	9.075	8.450	34.175	41.010
		TOT	17.675	17.450	17.750	17.525	70.400	69.990
5	Jessica Brayden	Gymcarolina						
			8.925	8.250	9.150	9.075	35.400	28.320
			8.750	7.625	9.400	8.150	34.925	41.550
		TOT	17.675	15.875	18.550	17.225	70.325	69.870
6	Jessica Blair	Capital-Tx						
			9.000	9.150	8.175	8.375	34.700	27.760
			9.075	8.500	8.300	7.950	33.825	40.590
		TOT	18.075	17.650	16.475	16.325	68.525	68.350
7	Amanda Escotto	Gymcarolina						
			8.675	8.350	7.935	8.375	33.335	26.668
			8.960	7.750	8.500	8.650	33.860	40.632
		TOT	17.635	16.100	16.435	17.025	67.195	67.300
8	Kirsta Hughes	Oyanna						
			8.925	8.450	8.300	8.660	34.335	27.468
			8.325	8.200	8.400	7.550	32.475	38.970
		TOT	17.250	16.650	16.700	16.210	66.810	66.438
9	Melissa Bacongco	Capital-Tx						
			8.825	8.975	8.060	8.350	34.210	27.368
			8.775	7.025	7.700	8.250	31.750	38.100
		TOT	17.600	16.000	15.760	16.600	65.960	65.468

NATIONAL ELITE-JUNIORS

ALL-AROUND STANDINGS

			V	UB	BB	FX	TOTAL	WTD
1	Brittney Koncak	Hugs						
			9.250	9.125	9.050	9.210	36.635	29.308
			8.975	9.225	8.700	9.200	36.100	43.320
		TOT	18.225	18.350	17.750	18.410	72.735	72.628
2	Marie Fjordholm	Cincinnati Gymnastics						
			9.050	9.000	9.125	9.135	36.310	29.048
			8.710	8.500	9.450	9.300	35.960	43.152
		TOT	17.760	17.500	18.575	18.435	72.270	72.200
3	Jennifer Orlando	Havens						
			9.050	8.775	8.700	9.035	35.560	28.448
			8.875	9.000	9.050	9.150	36.075	43.290
		TOT	17.925	17.775	17.750	18.185	71.635	71.738

WORLD UNIVERSITY GAME TRIALS

ALL-AROUND STANDINGS

			V	UB	BB	FX	TOTAL
1	Shannon Miller	University Of Oklahoma					
		OPT	9.285	9.300	9.475	8.925	36.985
2	Kathleen Shrieves	University Of Georgia					
		OPT	9.050	9.250	9.000	9.175	36.475
3	Kristi Lichey	University Of Georgia					
		OPT	8.160	8.500	9.200	8.175	35.035
4	Shannon Rowles	University Of Utah					
		OPT	8.750	8.525	8.875	8.475	34.625
5	Jenny Wilson	Stanford					
		OPT	8.925	8.500	8.300	8.600	34.325
6	Katie Hernacker	University Of Alabama					
		OPT	8.940	8.550	8.225	8.050	33.765
7	Lindsay Vogedes	Ohio State University					
		OPT	8.765	7.250	8.725	8.425	33.165
8	Amy Kruse	University Of Nebraska					
		OPT	8.160	7.725	7.950	8.525	32.360
9	Jill Fisher	University Of Massachusetts					
		OPT	8.435	6.500	7.050	8.150	30.135
4	Tasha Schwikert	Gymkids					
			8.850	8.800	8.400	8.925	34.975
			9.200	7.900	9.000	9.375	35.375
		TOT	18.050	16.700	17.400	18.300	70.350
5	Kim Harris	Metroteens					
			9.225	8.500	8.700	9.000	35.425
			9.275	7.900	8.700	8.825	34.700
		TOT	18.500	16.400	17.400	17.825	70.125
6	Kelli Exum	Brown's					
			8.650	8.550	8.875	8.800	34.875
			8.800	8.750	8.750	8.600	34.900
		TOT	17.450	17.300	17.625	17.400	69.775
7	Stephanie Edney	Ocean Tumblers					
			9.225	8.700	8.510	8.660	35.095
			8.975	8.175	8.600	8.800	34.750
		TOT	18.200	16.875	17.110	17.660	69.845
8	Rachel Tidd	Gilders					
			8.750	8.800	8.675	8.875	35.100
			8.075	8.675	9.050	8.300	34.100
		TOT	16.825	17.475	17.725	17.175	69.200
9	Dana Filetti	Ocean Tumblers					
			9.075	8.550	8.535	8.785	34.945
			8.675	8.200	7.700	9.375	33.950
		TOT	17.750	16.750	16.235	17.960	68.695
10	Cassie Cosgrove	Gymcarolina					
			8.350	7.350	8.200	8.410	32.310
			7.775	7.100	8.850	7.150	30.875
		TOT	16.125	14.450	17.050	15.560	63.185

RESULTS continued on page 32

SHANNON MILLER Q&A

by Marni L. Sabia

What are you doing now?

I'm off the tour now, but it starts again in September I'm going to Oklahoma University now part-time and trying out some acting and commentating I do personal appearances and have done some commercials

Which ones?

Bank of Oklahoma, Braum's Dairy Stores, and The Wedge (a back support system)

Now that you've accomplished your Olympic goals, what are your goals now?

Right now my goals are to try a lot of new things I want to try commentating and acting and I still want to compete I want to compete professionally also but right now everything's just for fun

What made you decide to compete in World University Games Trials instead of World Championships?

It wasn't that I decided not to compete in the World Championships I love competing This was coming up and I decided "Why not?" My goals right now are to go to competitions that are fun and new I've been to Worlds five times already I've never been to the World University Games Also, the Catania Cup was when international competition started for me (Shannon won the Catania Cup in 1990, her first major title.)

What lies ahead in your future?

Right now, the farthest I can see is this competition I know that I'm going back on the tour, of course and definitely competing in more professional competitions but beyond that, I haven't really decided

Anything else?

I am really excited to be part of a world team again It should be a lot of fun

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Ron and Cindy Bartusiak — SUNBELT GYMN, TX

"Nobody works harder than Natasha. She gives 100% to each and every gymnast, and has helped our girls and boys teams in a number of ways. Natasha really loves her work, and so do we!"
Jenny Cox — QUEEN CITY GYMN, OH

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Steve Biondo — RIVER CITY GYMN, LA

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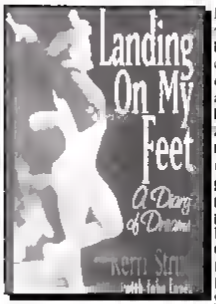

In this fascinating and provocative book, Kerri discusses the physical demands of an exacting sport, the hardships of living away from home to train with demanding coaches, and her personal pursuit of perfection. She also provides a detailed look inside the Olympic experience. **Landing On My Feet** is $19.95 + $3.00 s&h.

Updated Book on Shannon Miller!

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EVENT SCHEDULE

(Dates & Events Subject to Change or Cancellation)

SEPTEMBER

5-7	GAT Convention	Austin, TX
5-7	Region I Congress	Santa Clara, CA
5-7	Region VII Congress	E.Stroudsburg, PA
11-18	International Jr. Gymnastics Competition (M/W)	Yokahama, JPN
25-27	Junior Pacific Alliance Championships (M/W/R)	Colorado Springs, CO
28 Oct 1	Junior Pacific Alliance Training Camp (W)	Colorado Springs, CO

OCTOBER

2-5	Region V Congress	Cincinnati, OH
4-5	National TOP Testing West (W)	Reno, NV
5	USA vs Germany Dual (Junior - M)	Colorado Springs, CO
5-12	Jr. National Team Training Camp (M)	Colorado Springs, CO
11-12	National TOP Testing East (W)	Rochester, NY
11-12	J.O. Group Championships (R)	Atlanta, GA
17-18	Region VIII Congress	St. Petersburg, FL
18	Regional Future Stars (M)	Various Sites
20-21	FIG Symposium– Development of Jr. Talent for Artistic & Rhythmic	Berlin, GER
22-26	Rhythmic World Championship (R)	Berlin, GER
24-26	Region VI Congress	Foxboro, MA
25-26	FIG Symposium– Structures & Schedule of FIG Competitions	Berlin, GER
27-Nov 1	PAGU Junior Inter Club (M/W)	Houston, TX
28-29	FIG Executive Committee Meeting	Berlin GER
31-Nov 2	USOC Board of Directors Meeting and Olympic Congress	Orlando, FL

NOVEMBER

7	National Gymnastics Foundation Board Meeting	Indianapolis, IN
13-16	National Future Stars Championships (M) and Coaches Workshop	Colorado Springs, CO
16-22	FIG General Gymnastics Instructors Course	Indianapolis, IN
21	USA Gymnastics Executive Committee Meeting	Indianapolis, IN
22-23	USA Gymnastics Board of Directors Meeting	Indianapolis, IN

DECEMBER

4-8	National TOP Training Camp (W)	Tulsa, OK
11-17	Sr. National Team Training Camp (M)	Colorado Springs, CO
14-23	Jr. International Training Camp (M)	Minsk, BLR

JANUARY 1998

24	Reese's Gymnastics Cup (M/W/R)	TBD

FEBRUARY

13-14	USA Gymnastics Winter Cup Challenge (M)	TBD
14-15	Rhythmic Challenge (R)	Colorado Springs, CO
20-22	American Classic (W)	TBD

MARCH

1-3	FIG Technical Symposium (M/W/R)	Venice, ITA
5-7	VISA American Cup (M/W)	Ft. Worth, TX
8	International 3 on 3 Gymnastics Championships (M/W/R)	Ft. Worth, TX
14-15	American Challenge (W)	TBD
27-28	International Team Championships Jr./Sr. (M/W)	TBD
28-29	Level 10 State Meets (W)	Various Sites

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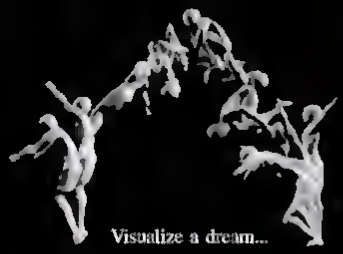

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Focus in the gym

ERICA PFEIFFER
LANSING, MICHIGAN

Erica, 11, is a Level 6 gymnast at Twistors USA. She started the sport when she was 6. Erica competed last season as a Level 5 and placed second at the State meet with a 37 225 and took fourth on vault second on bars and floor and third on beam. At Erica's first meet as a Level 6 she took first on beam and in the all-around. She is training for Level 8

MELINDA LEGG
TEMECULA, CALIF

Melinda has been with SCEGA for more than 5 years now. She's currently coaching Levels 5-8. She's been coaching in Southern California ever since she competed for SCATS in the 70's. As a competitor, Melinda was ranked in the top 20 gymnasts in the nation for two years and earned a college scholarship to San Diego State University. Melinda has an incredible family. Dave, her husband, and two boys, Derek and DC who are headed for baseball's Hall of Fame

TAISHA BAILEY
PAYSON, UTAH

Taisha, 7, has been in gymnastics for six months. She won the all-around title in the State Championships for Level 4 held in Layton Utah. She became State Champion on the beam and took second place on bars and floor. Taisha enjoys practicing and is very devoted. She trains at Perfect Ten Gymnastics in Provo Utah, and is coached by Jonna Barlow

CHRISTIE NORRICK
CARMEL, INDIANA

Christie 12, is a Level 6 rhythmic gymnast at Rhythmic Edge and is coached by Paula Lord. Ribbon is her favorite apparatus and she's been in the sport for two years. At the Indiana State Meet she captured third place in the all-around. She has competed at the National Group Championships where her beginning ribbon group team took third and fifth. This year she qualified for Regionals. She's made high honor roll at her school and hopes to coach her own team when she gets older.

NICHOLAS J. LONGO
NUTLEY, NEW JERSEY

Nicholas, 12, took first all-around for Class IV 10-11 division at the 1997 New Jersey State Championships. Nicholas trains at Gymnastics World Inc. five days a week, for at least 15 hours per week. In addition, Nicholas is an A student. Nicholas earned a berth to the Regional competition where he placed 11th all-around. Nicholas is coached by Robert Wasilewski.

CAMERON DEER
INDIANAPOLIS, INDIANA

Cameron, 10, has been in competitive gymnastics for 4 years. He was Class V 8-9 Indiana State All-Around Champion in 1996. In 1997 Cameron placed second all-around at the Indiana State Championships in Class IV 10-11 division. He also took first at the Jason Whitfield Invitational. Cameron won first on floor and high bar and third all-around at Regionals Class IV 10-11. Cameron is coached by John Coralde.

ALISON SARUCCI
HOUSTON, TEXAS

Alison, 12, is from Salem, Ore., and after one-and-a-half years of training at Acrofit Gymnastics (formerly Karolyi's) she won the Level 6 all-around at the 1996 Judges Cup and became Texas State Champion on bars with a score of 9.7725. Alison, who is coached by owner James Holmes and Lili Yuan, is working hard for Level 8 and 9 next season.

RYAN OLSON
LINCOLN PARK, MICHIGAN

Ryan, 8, has been in gymnastics for one-and-a-half years. At the 1997 Michigan State Championships, Ryan competed in Class VII and took gold on pommel horse, still rings, vault, parallel bars and the all-around. He is the youngest member of the 1997 Michigan Rising Stars Team. Ryan is looking forward to competing as a Class V next year. Ryan is coached by Kelli Persendek of Downriver Gymnastics in Wyandotte, Mich.

Would you like to be included in the Focus in the Gym section? Send a recent photo and a paragraph of information to: USA Gymnastics, Focus in the Gym, Pan American Plaza, 201 S. Capital Ave., Suite 300, Indianapolis, IN 46225.

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Reebok Coaching Corner

The Basics of Our Sport

By Muriel Grossfeld

Grossfeld is currently a member of the USA Gymnastics Women's National Team Training Staff, and a Brevet Judge. She is also a three-time Olympian, 18-time National Champion, two-time Olympic Coach, three-time World Championships Team Coach, and four-time National Head Coach, to name a few of her many accomplishments. She resides in Connecticut but spends a great deal of time traveling and working with elite gymnasts in the U.S.

Basics are the primary foundation of all gymnastics, much like a proper foundation is to a skyscraper. When good basics are absent, our gymnastics building cannot rise very high. Gymnasts will have limited skill and combination acquisition if they have not mastered the basics. When basics are poor, the gymnastics building falls down or becomes unsafe. The gymnast fails, gets deductions, and shows unreliable and/or unsafe work. When basics are limited in scope, excellent work actually happens sporadically. For example the gymnast may have one good event, or parts of events are good, or one day the skill is here, the next two days it is not.

Basics are vitally important to success in all levels of gymnastics. Basics should be a major part (time and effort) of a recreational as well as an elite program. Basics are critical to body and shape development; to action/movement development and habits (hollow to straight arm coordination into handles, jumps and turns, the opening of a salto, etc.); and to mind/concentration/confidence development, as well as providing the primary building blocks for the ability to train efficiently and enjoy doing it.

WHAT

Some examples

Posture—general and specific

Locomotion skills—walk, run, skip, gallop, etc.

Basics dance skills—some are weight transfers, plies, points, battements, swings, brushes, port de bras, turns, releves, etc.

Rebounding

Flexibility

Skills—rolls, handstands, pirouettes, jump and hop turns, backbends, limbers, walkovers, handsprings, roundoffs, saltos, supports, hangs, swings, swings with turns, circles, basket swings, kips, etc.; are some of the ***whats***. For higher level gymnasts, skills like giants of all types, double tucks, and Tsukahara or Yurchenko layouts are basics.

WHEN

Basics must also be practiced in varied combinations, during the general and events warm-up periods, conditioning, dance class, as well as other specific sessions. For program Levels 1-7, some time is limited per week, coaches must be more creative, efficient and intentional to provide an adequate basics foundation program.

WHERE

Basics can be practiced outside on the grass or track, floor, mat, tumble strip or trak, trampoline, bars, low bar, parallettes, beam, dance area or room, or at special stations.

SOME OF THE MOST COMMON OBJECTIONS

We hear: ***Gymnasts are bored with basics.***
Practicing basics is no fun.
Basics are unnecessary.
There is no time.

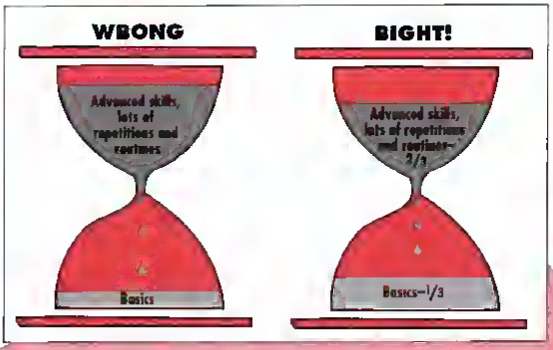
SOME ANSWERS

Give specific information with very clear and progressively detailed goals ***within each basic skill or task.*** Correct the errors and praise the improvements with passion and energy. Inspire concentration and accomplishment with energy.

"Break down" various aspects of the skill and "live with" and "up to" your requests. An example:

The gymnast *finally moves forward* with stretch into her handstand forward roll, but she forgets or is unable to roll. Praise, not just the accomplishment, but also comment on the mistake, so that she is motivated *to make changes* more often.

Gradually "build" the excellence of the basics and try to make changes which are most helpful to the group or to each athlete's best, most consistent, and quickest progress.



Always call for improvements. Basics should always get better in some way.

If coaching time is not ideal in your program, choose to coach the basics and supervise the warm ups and conditioning exercises very closely instead of choosing to see all of the routines.

SHORT ON TIME

Reduce the number of routines and/or element repetitions to "make time" for the basics.

For example:

- The gymnast does flip flop step-out, layout step-out, on the beam.
- Instead of telling her to make 10 without a miss, work gradually up to 3, 4, then 5 repetitions.
- Use the time gained for basics on the split action, hip lift/placement, flip flop alone, finish plie, centering of weight on the forward foot, hip "squareness," focus, timing and total completion of the arm swing, posture, etc.

BELIEVE

Believe because it is true. If the foundation for skills is mastered, or, at least adequate, the skills are learned successfully. The "slow way" is usually the "fastest and most efficient way." Work hard to instill this belief in your athletes.

COURAGE

Have the courage to commit to basics and proper preparation.

SAD FACTS

Good athletes, the best athletes, are the most harmed by coaching that ignores the importance of good, varied, and always-improving basics. The compensatory methods these athletes adopt and use to succeed—improper posture, timing, muscle groups, flexibility (lack of) and focus etc.—become habits and physical imbalances that are usually impossible to change, even with hours of work. And the improper development inevitably produces an unhappy and unfulfilled gymnast, rather than a happy and confident one.

STRESS

For many reasons, working on the basics should continue throughout the competition season. Certainly one good reason is the alleviation of stress. Basics settle down and lead gymnasts into good meet training workouts.

CONCLUSION

The basics of gymnastics—their identification, ideal technique, and explanation—should fill many volumes, not a single article. However, I hope these few paragraphs will serve as some inspiration for choosing to coach the basics. Afterall, a roll is as challenging to teach as a double-twisting double back. A great coach is a coach who does it all, and who is thorough when the basics are taught. This is the true measure of a successful coach.

COACHES: Please submit your coaching ideas to:
Reebok Coaching Corner,
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Scrapbook of Champions

Have you ever wondered what top gymnasts in the U.S. looked like as children? Perhaps you wondered if they were always so muscular and lean?

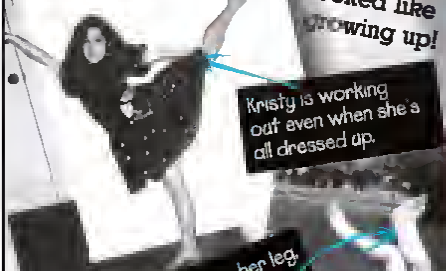
USA Gymnastics will feature a national team member each issue and, through scrapbook photos, show you what he or she looked like while growing up

USA Gymnastics has taken photos directly from Kristy Powell's scrapbook. Kristy, 17, tied for first at the 1997 National Championships, along with Vanessa Atler. She is a five-time National Team member, a 1996 World Championships Semi-Finalist on floor, and a member of the gold medal team at the 1995 Pan American Games.

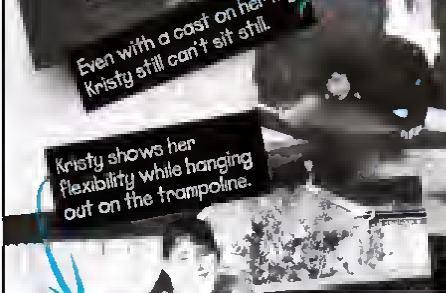
Check out what Kristy looked like growing up!

KRISTY POWELL

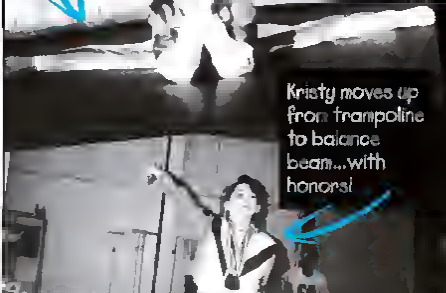
Birthday: February 13, 1980
Hometown: River Forest, Ill.
Residence: Cincinnati, Ohio
Club: Cincinnati Gymnastics Academy
Coach: Mary Lee Tracy
Hobbies: Arts and crafts, swimming, biking
Began Gymnastics: 5 years old



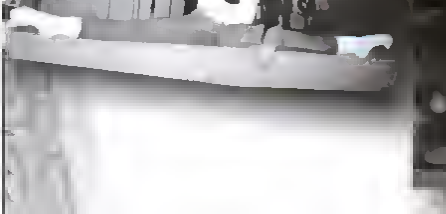
Kristy is working out even when she's all dressed up.



Even with a cast on her leg, Kristy still can't sit still.



Kristy shows her flexibility while hanging out on the trampoline.



Kristy moves up from trampoline to balance beam...with honors!

Kristy shows that she has what it takes to be a champion and wins the gold at the 1997 John Hancock U.S. Gymnastics Championships!

USA GYMNASTICS MEN'S JUNIOR OLYMPIC PROGRAM

ACADEMIC ALL-AMERICAN RECOGNITION AWARD

Each year the USA Gymnastics Men's Program Department recognizes outstanding academic performance by male gymnasts in grades 9-12. To the right is a list of the First Team (grade point average of 3.85 and above), the Second Team (grade point average of 3.7-3.84), and the Honorable Mention Team (grade point average of 3.5-3.69). Congratulations to all of these smart, dedicated, hard working gymnasts!

Are you a male gymnast in grades 9-12 with a high grade point average? Would you like to be considered for a 1997 Men's Junior Olympic Academic All-American Recognition Award? Have your coach fill out the application form, which is located on page 84 of the Men's Program Rules and Policies book, and submit the application by April 15, 1998. ***GOOD LUCK!***

FIRST TEAM
3.85 AND ABOVE

Name	Year	High School	City, State	Coach
Sohail Arnita	11	Douglas MacArthur H.S.	San Antonio,TX	Yuejun Sun
Zachary Barkan	12	Leon High School	Tallahassee FL	Jim Hisey
Drew Barkan	9	Kamakiu H.S	Kaneohe WA	Mike Yonemitsu
Bryan Berliger	11	Carmel H S.	Carmel IN	Gene Wolson
Adam Bertschable	11	La Cueva H.S	Albuquerque NM	Ed Burch/Jon Velduz
Brandon Berkenbile	11	La Cueva H.S.	Albuquerque,NM	Ed Burch/Jon Velduz
Ray Bhayani	10	Mayde Creek H S	Houston,TX	Bill Foster
Ethan Bias	10	Albany H.S	Albany CA	Ron Bell
Jason Biltz	12	Tempe H.S.	Tempe,AZ	Brock Anstine
Joseph M. Brading	10	Dallas H.S	Sugar Land TX	Kevin Mazeika
Allen Brandtbent	10	Lynbrook H.S.	Sunnyvale,CA	Paul Odze
Evan Cabadi	12	Rogers H S	Puyallup WA	Robert Moses Satchell
Shannon Carman	10	Florida H S	Tallahassee,FL	Jim Hisey
David Case	9	A&M Consolidated H.S.	College Station TX	Estebon Longoria
Shaun Chelyakhat	10	Crystal Lake Central H S.	Crystal Lake IL	Vladimir Gogoladze
Kevin Chow	11	Menlo School	San Jose CA	Sedrin Hamada
Jeff Clement	10	Adlai E. Stevenson H.S	Buffalo Grove,IL	Billy Crumley
Michael Cline	10	Portage Northern H S	Portage,MI	Jeff Kraft
Edward Jason Cool	12	Plano Senior H S.	Plano TX	Jon Barlow
Michael Coffman	10	A&M Consolidated H S	College Station,TX	Estebon Longoria
Justin Conner	11	Lake Highlands H.S.	Dallas,TX	Kevin Mazeika
Brett Covey	10	Cypress Fairbanks H.S.	Cypress,TX	Bill Foster
Jeff Dean	11	Clear Brook H S.	Houston TX	Kevin Mazeika
Amit I Erez	12	Boulder H.S.	Boulder CO	Doug Falkley
Benjamin L. Falkner	12	Norwell H.S	Norwell MA	David Ellis
Justin Feldmeier	9	St Joseph H.S.	Kenosha WI	Tom Auer
Daniel K Finnegan	11	Chesterfield City Math & Science	Richmond VA	Carlos Vazquez
Andrew Thomas Fisher	12	Miami Palmetto Sr. H.S	Miami,FL	Mike Hundley
Arthur Rashed Gaona	12	Roxbury Latin School	Chestnut Hill MA	Tom Fantecchio
Erik Christian Garrett	9	Adventure Academy Plus	Moorpark CA	Tim Mickiyna
Daniel J Gill	9	James W Robinson	Fairfax Station,VA	Carlos Vazquez
Christopher Gimenez	11	Pinole Valley H.S	Hercules,CA	Ron Bell
Seth Goodman	11	Torrey Pines H.S.	San Diego,CA	Steve Butcher
Brian Gork	12	Desert Christian H.S.	Palmdale,CA	Glenn Gork
Dustin Greenhill	10	Summit Community H.S.	Wellington FL	Mike Hundley
Alex Gum	10	Abraham Lincoln H S.	Council Bluffs IA	Todd Creuse

ACADEMIC ALL AMERICAN continued next page

MOCEANU
STEPPING INTO FASHION

Did you know 1996 Olympic Gold Medalist Dominique Moceanu has signed a one year partnership with 5-7-9 Shops, a leading junior apparel retailer? The retailer will feature Moceanu in advertising, in store signage, promotional materials and in store appearances.

"Clothes and shopping are two of my favorite things," says Moceanu. "It makes sense that I would represent a store like 5-7-9 because I've shopped there for a long time. The clothes are so cool, and they fit me!"

ARIZONA SUNRAYS' MURAL CAPTURES GYMNASTICS SPIRIT

The Arizona Sunrays in Phoenix, Ariz., had a giant 20-by-140 feet mural, painted on the back wall of their gym by local artist Randy Hedden. The mural features eight gymnasts performing routines stretching across the wall with a red, white and blue American flag in the background. "The gymnasts painted in the mural could be anybody," said Dan Wittenstein, co-owner of Arizona Sunrays with his wife, Julie. "We felt that we wanted to bring some artistic feeling into the building. This is men's and women's artistic gymnastics. Bringing another form of art into the gym makes sense."

ACADEMIC ALL-AMERICAN continued from page 19

Justin G. Hammer	10	Woodbury H.S.	Woodbury,MN	Ronald Hill
David T. Hansen	10	Lincoln Southeast H.S.	Lincoln NE	Chuck Chmelka
Stephen James Hawes, IV	11	Charlotte Country Day School	Charlotte NC	Rita & Leonard Clemmer
James H. Hayes III	11	West Springfield H.S	Springfield VA	Carlos Vasquez
William A. Hensman	10	R.L.Turner H.S	Farmers Branch,TX	Jon Barlow
Tomie Hertzo	10	West Bloomfield H.S.	West Bloomfield MI	Gregory Astrakhan
Brandon Garrett Hilliard	10	Page H.S.	Greensboro,NC	Jim Shaw
T. Ryan Hilyer	11	Elkin High School	State Rand NC	Bob Kehut
Dan Holstra	12	Carroll H.S.	Southlake TX	Jon Barlow
Donald Jackson	11	Columbine H.S.	Littleton CO	Carl Leland
Billie Jamison	11	Cascade H.S.	Clayton,IH	Gene Watson
David C. Johnston III	11	Plano East Senior High	Richardson,TX	Kevin Mazur
Justin Jones	10	Milton H.S.	Roswell GA	Joe Stroink/ Nathan Simmons
Mike Kelly	9	Casa Roble Fundamental High	Orangevale CA	Travis Stall/ Michelle Telega
Matt Benkel	11	Abraham Lincoln H.S.	Council Bluffs,IA	Todd Crouse
Jason D. Krause	11	Cy Fair H.S.	Cypress, TX	Bill Foster
Josh Landis	10	West Mid H.S	Norman,OH	Mark Williams
David Lana	12	Parkview High School	Springfield,MO	Joe Paris
Peter Langley	9	Coral Gables H.S.	Miami FL	Mike Headley
Darren Lewis	11	Half Hollow Hills H.S. West	Dix Hills,NY	Bob Whitney
Scott Lewis	10	Half Hollow Hills H.S. West	Dix Hills,NY	Bob Whitney
Hamiel D. Levenson	9	Solomon Schechter School of NY	New York,NY	Victor Sarkisov
Ryan Marger	9	Westwood H.S.	Austin,TX	Gil Elsass
M. Keith Martin	9	Lamar H.S.	Houston TX	Kevin Mazeika
Ryan G. Meeks	10	Strake Jesuit College Prep	Houston,TX	Bill Foster
Jason R. Miller	12	Glenbard West H.S.	Glen Ellyn IL	Kevin Chope/ Chris McKee
Mark Monti	9	Westlake H.S	Austin TX	Gil Elsass/ G. Morris/ R. Crowe
Eric Nelson	9	Wayzata West Jr. High	Plymouth MN	Lale Bullivant
Oson Nelson	11	Sheridan H.S	Sheridan WY	Chris Benkeen
Paul O'Leary	10	Santiago High School	Norco CA	Willie Avila
Robert A. Osterhoff	12	Hagsfeld H.S	Greensboro,NC	Jim Shaw
Adam D. Owens	10	Helen Paulsen School	Chapel Hill NC	Star Sovick
Francisco R. Pachuca	12	Thomas A. Edison	Elmira Heights,NY	Jeff White
Alan Palesko	9	Westlake H.S	Austin,TX	Gil Elsass
John Payton	11	Round Rock H.S	Round Rock TX	Rand Crowe
Jonathan Russell Pinto	11	Roswell H.S.	Roswell GA	Joe Stroink
Steven Pleskac	12	Pius X H.S	Lincoln,NE	Chuck Chmelka
Colin Pouchot	12	Miami Killian Sr H.S.	Miami,FL	Mike Headley
Marcus Powell	12	Cypress Falls H.S.	Houston TX	Bill Foster
T. Carlo Raggio	11	St. Louis Catholic H.S.	Lake Charles,LA	Keith & Tony Miller
Kevin Roulston	12	Manheim Township H.S.	Lititz PA	Chaddeus Abbott
Cameron Schick	10	Memorial Sr. H.S	Houston TX	Bill Foster
Steven Paul Schwartz	9	West Forsyth H.S.	Clemmons,NC	Bob Kehut
Mike Smith	9	Eldorado H S.	Albuquerque,NM	Mike Burns/ Tom Ludwick
Ryan Christopher Sunal	10	Creighton Preparatory H.S.	Omaha,NE	Rick Cahey
Robert Spalic	10	Dover Lehmer	Chesnutt,PA	Mike Hough
Michael D. Spies	10	Gulliver Preparatory School	Miami,FL	Mike Headley
Paul Summers	10	Cy Fair H.S.	Cypress TX	Bill Foster
Bret Tanner	12	Mountain Crest H.S.	Mendon UT	Eric Gunderson
Mark Steven Tisius, Jr	12	Strake Jesuit College Prep	Spring TX	Bill Foster
Daniel Voorhees	10	Piedmont H.S.	Oakland,CA	Scott Brown
Brandon Weil	12	Huntington Central Regional H S	Flemington HI	Merrik Kuzara
Craig Wetmore	11	Wakefield H.S	Wakefield,MA	Ken Johnson/ Noah Riskin
Kyle Yamauchi	9	Clements H.S.	Sugar Land,TX	Kevin Mazeika
Yuichi Yokoyama	10	Health Careers H.S.	San Antonio TX	Yuejin Sun

SECOND TEAM
3.7 TO 3.84

Name	Year	High School	City, State	Coach
Michael D. Barry	9	Kempner H.S.	Houston,TX	Tim Erwin
Jimmy Bowling	11	Mount Tabor	Winston Salem,NC	Bob Kehut
Steven Deva	11	Homestead H.S.	Mequon WI	Michael Giles
David L. Durante	11	Arthur L. Johnson Reg. H.S.	Garwood,NJ	Jim Surgent
Devin L. Eden	11	O Fallon Township H.S.	O'Fallon,IL	Moh-An-Tee
Damian Engen	10	Southwest H.S.	Minnetonka,MN	Bob Wournes
Bradley Robert Golden	10	Apopka H.S.	Orlando,FL	Jeff Robinson
Alexander Hofer	12	St. Mary's College H.S.	Berkeley CA	Scott Green
Brandon Hoffman	11	Shenendehowe H.S.	Clifton Park NY	Robert Fichler
James L. Houle	9	Longmeadow H S	Longmeadow MA	Tim Doggett
Justin W. Temes	9	A&M Consolidated H S	College Station,TX	Esteban Longoria
Steven T. Jetter II	10	D Evelyn Jr/Sr H.S	Golden,CO	Carl Leland
Seth King	12	Desert Christian H.S	Lancaster CA	Glen Gock
Travis Kitchen	9	Berkeley Sr. H.S.	Berkeley MO	Jason Selks
Jacob A. Marshall	12	Marshall Home School	Newport News,VA	Doug Price
Josh Maxwell	11	Marshfield H.S.	Seymour,MO	Joe Paris
Bryan Michael McNulty	12	West Springfield H.S.	Springfield,VA	Carlos Vazquez
Wendrow "Woody" Miller	12	Clayton H S.	Richmond Heights MO	Jason Selk
Patrick Morse	9	Lenape Regional H.S	Mount Laurel,NJ	Evan Richman
Harris G. Newman	12	St. Andrew's School	Boca Raton FL	Russell Foster
Christopher E. Richardson	11	Mission San Jose H S.	Fremont,CA	Dean Janutz
John P. Rabella	10	West Potomac H.S	Alexandria VA	Carlos Vazquez
Justin Rodriguez	9	Eldorado H S	Albuquerque,NM	Mike Burns/Tom Ludwick
Jonathan Sherrill	9	Covenant Day School	Matthews NC	Sergei Moureikhanian
Vincent P. Smith	12	West H.S	Iowa City,IA	Chip Greaves
Eric Steele	9	Austin East H.S.	Knoxville TN	Phil Savage
Brent Stemanger	10	Orono H.S	Mound MN	Dale Bullivant
John M. Szymczyk	11	Agawam H.S.	Feeding Hills,MA	Tim Doggett
Jordan Thomas	9	Rickards H.S.	Tallahassee FL	Jim Hisey
Bradley D. Tubbs	11	Lincoln H S	Lincoln NE	Chuck Chmelka
Frank J. Vaccaro	9	Cherry Creek H.S	Englewood CO	Brian Trampler
J. Scott Wetherling	9	Hopewell Valley Central H.S.	Pennington,NJ	Macey Watson

HONORABLE MENTION
3.5 TO 3.69

Name	Year	High School	City, State	Coach
Jeff Andersen	11	Harrison H S	Marietta,GA	Christopher Vassia
Lance Spotsbury-Hawkins, II	12	W Anchorage H.S	Anchorage,AK	Paul Gulmoar
John A. Como, IV	9	Newbury Park H.S	Camarillo,CA	Tigran Mkrtchyan
Bryan Christie	12	Bettendorf H.S.	Bettendorf IA	Chip Greaves
Gregory M. Crook	12	Batavia H S	Batavia,IL	Bevin Chope
Sohan Dandi	12	JJ Pearce H.S.	Richardson,TX	Joe Barlow
James Crowley Ernenger	11	Friendswood H S	Friendswood,TX	Tim Erwin
Brett Ewald	10	Cathedral H.S	Indianapolis,IN	Gene Watson
Forest Fiedler	10	ICS Newport Prepar H.S.	Hoffman Estates,IL	Kelly Crumley
Jason Georgiou	11	Paulina H.S.	Cypress, CA	Xiaoping Li
Robert John Goss	12	Tremper H.S.	Kenosha,WI	Tom Auer
Jay A. Gutierrez-Hampton	9	Bryan H.S Lamar Campus	Bryan TX	Esteban Longoria
Robert J. Howell	10	Bethel Local School	New Carlisle,OH	Kenny Kawanishi
Ambrose Jackson	9	Yorkville H.S.	Yorkville,IL	Kevin Chope/Chris McKee
Adam Craig Johnson	11	Kenmore East H S.	Tonawanda NY	Brain Kuchinsuk
Justin Drew Jones	9	St. Joseph School	Bryan TX	Esteban Longoria
David Livingston	9	Lincoln H S	Tallahassee,FL	Jim Hisey
James Christopher Lewis	12	Beaverton H.S	Beaverton OH	Timothy Cox
Darren Lynch	12	Londonderry H.S.	Londonderry NH	Paul Sina
James Mahoney	10	Fort Zennoff H S.	St. Peters,MO	Danny Wand
Isaac Mankel	9	Ponderosa H S.	Reno CA	Travis Stall/ Michelle Telga
Mark Anthony Mendoza	9	Monsignor Farrell H.S	Staten Island,NY	Hector Salazar
Brandon P. O'Neill	12	Marlboro H.S.	Englishtown NJ	Merrik Kuzara
Leonid L. Persin	11	Fairfax H.S.	Fairfax VA	Carlos Vazquez
Scott M. Phillips	11	Liverpool H.S.	Liverpool,NY	George Sabatko
Quinn Howell	10	Alamo Heights H.S.	San Antonio,TX	Yunjin Sun
Robert W. Sellers	12	Potomac Sr H.S.	Woodbridge VA	Carlos Vazquez
Peter Schultz	12	Bishop Dwenger H S.	Ft Wayne IN	Barry Rohl/ Lauren Sicanoni
Jack Stevens	9	Highland East Jr H.S	Moore,OK	Mark Williams/ Ivan Ivanov
Patrick Strohmayer	10	Parkway South H.S	Ballwin,MO	Danny Wand
Gilbert Lee Trevino	11	William Howard Taft H.S.	San Antonio TX	Yunjin Sun
Ian Uriada	12	Berkeley H.S.	Berkeley CA	Scott Green
Nathan Whitten	9	Kennebunk H S.	Biddeford ME	Steve Randall
Daniel Wing	12	George Washington H S	Cedar Rapids,IA	Russ Jelecky
Kurt Zielin	12	Tahoe Truckee H.S	Truckee,CA	Roger Baldwin/Lisa Hay

NEW BABY BOYS!

Tim Daggett and his wife, Dr Deanne Daggett, had a baby boy on July 16. This 6 pound 10 ounce and 20 inch long future gymnast is named Peter James, after 1984 Olympic Gold Medalists Peter Vidmar and James Hartung. "We wanted our baby to have a name that had some relevance," said the proud father. "I hope he has the same outstanding character as Peter and Jim. That will be greater than any perfect 10.00!"

Kurt and Becky Thomas had a baby boy, Hunter Taylor, at 3:26 a.m. on July 30. He was born one month early, but is very healthy! He weighed 5 pounds and 10 ounces. Congratulations to the Thomas family!

USA GYMNASTICS HELPS AFRICAN GYMNASTICS UNION

USA Gymnastics is working with the African Gymnastics Union in order to help in the development of gymnastics on the African continent. USA Gymnastics provided six coaches for the African Gymnastics Union for several months during the summer of 1997. While in Africa the U.S. coaches were involved with coaching all levels of gymnastics, including National Team members in final preparation for the upcoming World Championships in Lausanne, Switzerland. The coaches were also involved with coaching lower levels, in order to help in their developmental programs. The following individuals coached abroad.

MOROCCO
Sumner Darling - Lincoln, Nebraska
Alison Thoms - Hilliard, Ohio

NAMIBIA
Tom Vorkoper - Albany, California
Dana Fleming - Centerville, Ohio

SENEGAL
Seth Hertz - Levittown, New York
Jenai DeCano - Seattle, Washington

Thanks to all these coaches who made a tremendous impact on the African gymnastics programs!

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T-Shirts- white Hanes 50/50 shirts with pattern choice for the letter "G". Sizes: Child's Medium, Child's Large, Adult Small, Adult Medium.
Shorts- Cotton Multiprint short with Embroidered "Gymnastics" on left front leg. Sizes: Child's Medium, Child's Large, Adult Small, Adult Medium.
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Shorts $18.95
T-Shirt/Shorts Set $35.95
4340-A Fortune Place • W. Melbourne, FL 3290

Event Finals

VAULT
Atler won vault using a front handspring layout front and a double twisting Yurchenko. Maloney took second also using a double twisting Yurchenko and a one-a-half twisting Yurchenko both in a layout position. Antolin and Bhardwaj tied for third. Antolin did a full twisting Yurchenko onto the horse with a pike salto off, and a full twisting Yurchenko onto the horse with a layout salto off. Bhardwaj used a Yurchenko one-and-a-half twist in layout position and a Tsukahara full, also in a layout position.

BARS
The Cincinnati girls Powell and Arnold took first and second on bars. Powell executes a Shaposhnikova, overshoot to handstand, sprise handstand, Tkatchev to immediate Gienger, kip cast handstand 1/2 pirouette, full out dismount. Arnold does a vault over low bar off of the springboard, sprise hand with full twist, blind change to immediate Healy, followed by another Healy, 1/2 pirouette, Tkatchev, straddle handstand, giant, giant, double layout. While the Glider girls, Atler and Dantzscher, tied for third. Atler does a giant full to reverse hecht to Comaneci flip, a pak salto and a full twisting double layout dismount. Dantzscher does a Shaposhnikova to a pak salto to a toe-on pivot, Gienger, and dismounts with a double twisting double back in tuck position.

BEAM
Beck took first on beam using a round layout step out mount, flip flop tuck full, handstand step down layout stepout, wolf jump to full twisting swing down, flip flop flip flop double tuck dismount. Tomasek took second using a front semi mount to jump, flip flop to Onodi (Arabian in, front handspring out), front semi, Omelianchek, and a two-and-a-half twist dismount. Dyson took third using a flip flop to full twisting tuck, switch leap to immediate sheep jump, wolf jump to flip flop quarter to planche, roundoff double tuck dismount.

FLOOR
Dancing and tumbling to "Cabaret," Wing took first on floor using a front handspring double front salto, a two-and-a-half twist to punch front, and a triple full for her dismount. Moceanu took second using a whip through to a two-and-a-half twist, punch front, a triple full, a layout Rudi, and a double back in a pike position. Maloney, using the music "Grease," took third using a double layout, a whip to double back in a pike position, a back one-a-half twist in a layout position, whip back to immediate one-and-a-half front layout, and dismounted with a triple full

JOHN HANCOCK

U.S. GYMNASTICS CHAMPIONSHIPS

Atler and Powell SHARE TITLE

By Luan Peszek

A turn of the tides occurred at the 1997 John Hancock U.S. Gymnastics Championships in Denver, Colorado's McNichols Arena, August 13-16. Not only did the weather turn from sunshine to a massive hail storm, but the competitors also changed. Only one 1996 Olympian competed, Dominique Moceanu, but the new names and faces turned out to be the dominant ones in the competition.

Gliders' Vanessa Atler, from Covina, Calif., along with Cincinnati Gymnastics' Kristy Powell, shared the all-around title after two days of optional competition.

"I wanted to come in, do my new tricks and have fun," said Atler. Although Atler qualified to the World Championships team, the International Gymnastics Federation's rules state that she must be 16 in the year of the event to be eligible to compete. Since Atler just turned 15 in February, she is not eligible to compete at the World Championships. She said, "I was disappointed at first, but I realize I can't do anything about it. I think the rule is good in some ways and bad in other ways. It just happens to be bad for me."

Seventeen-year-old Powell, who had leg surgery in May to relieve pressure on her calf muscles, said, "I've waited for this my whole life and I'm so happy." Coach Mary Lee Tracy added, "Kristy went eight for eight routines. She hit the best routines of her life and she's very deserving."

Atler, who was the 1996 Junior National Champion, lead the entire competition. Going into her last event, bars, she had a 65 lead over Powell. Unfortunately, Atler fell on her Comaneci flip and scored only an 8.650 which allowed Powell, who finished on beam with a 9.30, to tie for the all-around title.

Atler said, "I was nervous on bars because I looked at the scoreboard and saw how close the scores were. My coaches (Steve and Beth Rybacki) always tell me not to look at the scoreboard and I shouldn't have looked this time!"

Brown's Gymnastics Mohini Bhardwaj, the second oldest competitor at the competition at age 18, finished third all-around.

Bhardwaj said, "I'm going to UCLA with a gymnastics scholarship and I wasn't sure I wanted to compete here. Rita (Brown) convinced me about a month ago to compete at the National Championships and I've trained very hard. I moved to Florida and lived with Rita. I couldn't have done it without her. I'm really glad I came to this meet and I'm looking forward to competing at the World Championships."

ATLER AND POWELL'S TIE WAS THE FIRST WOMEN'S ALL-AROUND TIE AT THE NATIONAL CHAMPIONSHIPS SINCE 1972, WHEN JOAN MOORE GNAT AND CATHY RIGBY MCCOY WERE CO-CHAMPIONS.

Kristy Powell

Vanessa Atler

USA GYMNASTICS PHOTOGRAPHY © BIFF BLACK

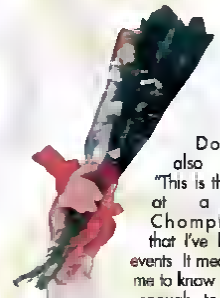
Wilson Defends ALL-AROUND TITLE

Parkette's Kristen Maloney, 16, finished fourth in the all-around, securing a spot on the World Championships team. Maloney was rock solid on six of the eight events, with bars being her only trouble spot.

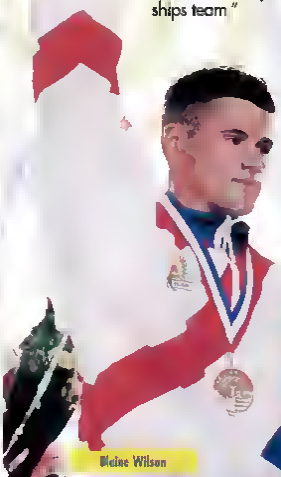
Maloney said, "Bars has been going very well in practice but when I get to a competition I lose confidence in myself. My coaches keep telling me that I'm good on bars and I'm trying to work on it."

Cypress' Lindsay Wing and Gliders' Jamie Dantzscher finished fifth and sixth all-around, but, like Atler, are not eligible to compete at the World Championships due to their age.

Wing, 15, and just 22 days too young to compete, said, "I was just excited to be here competing as a senior. It was scary at first competing with all the seniors, but I had a great time."



Dantzscher, also 15, said, "This is the first time at a National Championships that I've hit all four events. It means a lot to me to know I was good enough to be on a World Championships team."



Blaine Wilson

Because Atler, Wing, and Dantzscher were not age-eligible for the World Team, Jennie Thompson, Kendall Beck and Dominique Moceanu, who finished seventh through ninth, moved onto the World Championships team.

"I'm very glad to be on the World Championships team," said Thompson. "I was too young like Vanessa, Lindsay and Jamie in 1993 and couldn't compete so I'm glad I got to go this year."

Beck said, "I'm just happy to be here. I had a back injury and tore my ACL in November, so this is very unexpected for me."

Moceanu said, "I started training about two months before Championships. I just wanted to come in here and do the best I could. Even with my mistake on the bars I pulled through in the end. This team looks pretty strong, we'll go out and give it all we got."

She added, "I considered not coming back in the sport because I miss my family and friends since I have to train so much. But, I look at all I've accomplished in the sport and I hope to accomplish more like Shannon (Miller) did."

SCATS Jeanette Antolin finished 10th in the all-around and will travel to Switzerland for the World Championships in the event one of the U.S. team members is injured and can't compete.

Rounding out the U.S. National Team is: Cypress' Kaitie Dyson, Atlantic's Shannon Bowles, Gym Max's Amy Young, Cincinnati's Mary Beth Arnold, Technique's Alecia Ingram, Cypress' Kelly Parkinson, Hill's Raegan Tomasek, Parkette's Becky Meldrum, Ace's Jeana Rice, and North Star's Alyssa Beckerman.

Results on page 30

Olympian Blaine Wilson, formerly of Ohio State University, successfully defended his all-around title at the John Hancock U.S. Gymnastics Championships in Denver, Colorado's McNichols Arena, August 13-16.

Wilson, who was competing in his 37th competition since the Olympic Games, said, "Obviously the competition went well for me. I didn't come into this event to win, I just wanted to hit 12 for 12 routines. It feels good to be the national champion, but a bigger goal is the World Championships. Our team looks good. I think we will do well there."

Wilson became only the second male gymnast in history to claim all-around titles in both the USA Gymnastics National Championships and the NCAA National Championships in two consecutive years. Roethlisberger pulled off the double-double in 1992 and 1993.

Wilson lead after the preliminary round of optional competition and expanded on his lead throughout the finals. He surpassed his nearest competitor, John Roethlisberger, by 1.7 points.

Two-time Olympian Roethlisberger, from the University of Minnesota, made a great comeback to finish second in the all-around. After the second event during preliminaries, floor, Roethlisberger was 26th in the standings. He had three major mistakes in his routine to score only a 7.10. "It was the worst routine I've ever done in a national championships," said Roethlisberger. "It was a character builder and a great challenge to climb back up."

"Coming into a competition I usually don't think about place," said Roethlisberger. "But, after my second event on Wednesday, I was worried about being in the top six. To wind up second, that's a bonus."

continued on page 24

Event Finals

FLOOR

The Olympic Training Center gymnasts swept floor with Gatson taking first, Macready in second and Thornton with third.

Gatson mounted with a front layout full to Rudi; double layout; Rudi, and a full twisting double back.

Macready mounted with a front full, layout front, layout front; double layout; Rudi; and dismounted with a whip through to a two-and-a-half twist.

Thornton mounted with a front full to a front Rudi; whip back to a one-and-a-half twist punch front; a Thomas (Arabian one-and-three-quarters salto); and dismounted with a double back in tucked position.

POMMEL HORSE

Roethlisberger took first with a Magyar, two back loops, Sivado, Magyar 1/2 Sivado, Tong Fei, two scissors, 1/2 Sivado, Tong Fei, handstand less than 360 degree turn.

Gym Force's San Juan Jones tied for second with New Mexico's Ken Schiess.

Jones routine included: Nikolay with single pommel loop, 1/2 Magyar immediate Sivado, Magyar LPPL, two reverse loops, Sivado, Bilozerchev, direct stockli B uphill, two scissors, Baillie swing handstand.

Schiess' routine included: two circles, direct stockli 360 degree pommel russian, direct stockli to Nikolay times two, 360 degree pommel russian (2nd pommel), circle on end, kehr in, scissors, inverted stockli to straddle handstand dismount.

RINGS

Wilson took first with his back uprise to planche, back uprise to Maltese, shoot to inverted cross, back uprise to Maltese, Kip L, press to handstand, front giant, back giant, back giant, double twisting double tuck dismount.

Iowa's Christopher Camiscioli took second on rings with a front uprise to Maltese cross, shoot to inverted cross, giant to inverted cross, shoot to handstand, reverse giant, back uprise L, press, 1/2 in 1/2 out dismount.

Roethlisberger took third with an inlocate, shoot to inverted cross, layout Hamma to cross, back uprise, L seat, press to handstand, giant to handstand, Guczoghy, shoot handstand, double twisting double tuck.

continued on page 24

By Luan Peszek

Event Finals

VAULT

Wilson took first with a handspring layout front with one-and-a-half twist.

Dutka took second with a handspring layout front with full twist.

Gatson took third with a handspring layout front with a one-and-a-half twist.

PARALLEL BARS

Wilson took first using a glide reverse cut, giant Diamidov, Tippelt, pirouette, giant 1/2 turn, 1/2 turn, giant double back, pirouette, back toss, stutz handstand to one bar, stutz handstand, double back tucked.

Foody took second with a Felge to handstand, giant 1/2 turn, 1/2 turn, giant double back, front uprise, pirouette to handstand, Diamidov, giant 1/2 turn, 1/2 turn, giant, double back piked.

Gatson took third using a glide kip reverse cut, front uprise, hop pirouette to handstand, Diamidov 1/2 turn, front uprise, pirouette, Diamidov, Voropaev, Healy, Hop pirouette full turn, back toss, double back piked.

HIGH BAR

Ohio State's Doug Stibel took first on high bar. His routine included a stem half turn, two giants, full twisting Kovacs, giant, Gaylord II, giant, steep in Takamoto, one-arm through the bottom One, steep in jam to handstand, hop to overgrip, back uprise full turn, back uprise full turn, back uprise 1/2 turn, layout double twisting double back dismount.

Roethlisberger took second using a back uprise full twist, Endo 1/2, stalder, one arm Tkatchev 1/2, Endo full to elgrip, hop to undergrip, full, stalder, double front 1/2 over bar.

Macready took third with an inbar Endo 1/2, inbar stalder Tkatchev, Kovacs, inbar stalder, inbar stalder, jam dislocate, hop to undergrip, double layout with full twist.

CHAMPIONSHIPS continued from page 23

Jason Gatson, 17, and the youngest male gymnast to make a U.S. World Championships team, finished third in the all-around. Gatson, who trains at the U.S. Olympic Training Center in Colorado Springs, Colo., was in second place by more than a point after the preliminary round of competition and maintained that position throughout finals. Unfortunately, on his last event, Gatson could only muster an 8.35 on pommel horse which allowed Roethlisberger to pass him in the rankings.

"It's a real honor to make the World team," said Gatson. "It was definitely my goal."

Regarding being the youngest gymnast on the team, Gatson said with a smile, "Yes, they give me a hard time, but I train with these guys a lot at the Olympic Training Center and it's really no different."

1996 Olympian John Macready, also from the Olympic Training Center, finished an impressive fourth in the all-around. This was a great finish considering he had a shoulder injury since November 1996 and it was unclear if he would even be able to compete. Macready said, "I have had an overuse injury to my shoulder. A couple of weeks ago, I still didn't know if I would compete or not. I did easy sets to get through this event. I definitely relied on experience. It was a struggle. I'm thankful I had the opportunity to compete and my shoulder is getting better."

Newcomer Michael Dutka, from Penn State, finished fifth all-around and was asked what it was like knowing he was on the bubble. Dutka, 19, said, "I was a little scared. I was shaking on my last event, pommel horse, because I knew if I missed I wouldn't make the World Championships team."

Jay Thornton, from the U.S. Olympic Training Center, grabbed the last spot on the World Championships team. Thornton, 22, was pleased he made the team and looks forward to competing in his first World Championships.

UCLA's Jim Foody was tied for fourth all-around with Roethlisberger after preliminaries, but had difficulties on pommel horse and rings and dropped to seventh in the all-around. Foody will travel to Switzerland as the alternate in the event that one of the World Championships team members becomes injured or ill.

"Coming into this meet I was just hoping to make the National Team. After prelims, I was in fourth and I was shocked. I think I was too nervous during finals. But, I'm happy the way it turned out."

Head coach of the World Championships team Peter Kormann, said, "I expect the U.S. team to challenge for a medal." Assistant coach Ron Brant added, "This is a great team. There is talent from young to older. Their potential is great."

Rounding out the national team are USOTC's Garry Denk, UCLA's Chainey Umphrey, Cal-Berkeley's David Kruse and Trent Wells, UCLA's Stephen McCain, USOTC's Aaron Cotter, and Prestige's Jamie Natalie.

Results on page 30

Men's National Team

Women's National Team

USA GYMNASTICS PHOTOGRAPHY: DAVE BLACK

JOHN HANCOCK

U.S. GYMNASTICS CHAMPIONSHIPS

Marline Stephens Wins JUNIOR NATIONAL CHAMPIONSHIPS

Women's Junior National Team

By Luan Peszek

The junior women's competition took place on August 14 and 16 at McNichols Arena in Denver, Colo. The juniors competed two rounds of optional all-around competition to determine the national team and all-around champion.

After day one of competition, Hill's Angels' Elise Ray, from Columbia, Md., led the pack with a score of 36.987, followed closely by Cypress' Marline Stephens, from Houston, Texas, with a 35.825, and Cincinnati's Sierra Sapunar, from Sebastopol, Calif., with a 35.212.

After day two of competition, 15-year-old Stephens, coached by Debbie Kaitschuck and Deana Parish, pulled ahead of her competitors to take the all-around title with a score of 71.062. Stephens clinched the competition on her last event, vault, scoring a 9.012, the third highest score of the meet on this event.

Coach Kaitschuck said, "I was real impressed with the competition tonight. I thought the difficulty looked much better tonight than Wednesday. I think we're all headed in the right direction."

Sapunar, 15, scored a 9.50 on her last event, floor, to secure the second place position. Sapunar moved from 12th all-around at the 1997 U.S. Classic to second at the National Championships. She said, "It felt really good to finish so high. I've worked so many hours and it's finally paying off. It has been my goal to move into the international rank of competition and I'm very excited."

Cypress' Kristin Thome (pronounced TOE-may) took third in the all-around with a 70.474. Thome, 14, was more nervous about going to the press conference than doing her triple full dismount on floor. She said, "I'm really happy with my performance." She also commented on her younger sister Brittany who finished eighth in the competition by saying, "We're very competitive but we're also best friends!"

Ray, coached by Kelli Hill, dropped one spot from preliminaries to finish fourth all-around. She had an outstanding preliminary competition but scored more than a point less during finals due to some difficulties on bars. Ray, 15, is a very polished gymnast and shows a great deal of poise and maturity.

Cypress' Melinda Bainbridge, who had a back injury from October through December 1996, showed a strong comeback to finish fifth all-around. Bainbridge, 14, is especially strong on beam where she performs a standing full twist. In fact, she had a fall on this skill during event finals and still tied for first on beam.

Parkettes' Carri Nagle, 14, has to be the comeback story of the event. Nagle, coached by Bill and Donna Strauss, Jack Carter, John Holman and Robin Netwall, broke her back on a reverse hecht in early March 1997. She was put in a cast and, under Dr. Larry Nossar's direction, began a conditioning and rehabilitation program.

Coach Donna Strauss said, "We didn't even expect her to compete in this event but things were going so well in practice that we decided to give it a try. We were proud of her for even competing and then she finished sixth all-around. I'm tickled pink."

Hill's Angels Erinn Dooley, from Gaithersburg, Md., took seventh in the all-around. Dooley, 15, has very innovative moves like a punch double front dismount off of the beam and a front flip with a half twist over low bar for a mount.

The younger Thome sister, Brittany, finished ninth all-around, falling from fifth after the preliminary competition. Brittany, 13, had problems on bars which knocked her down in the rankings.

Another talented Brittany, this one from Cincinnati Gymnastics and coached by Mary Lee Tracy, took ninth all-around. Thirteen year old Brittany Smith, whose hometown is Houston, also suffered some difficulties on bars.

Cypress' Ashley Miles, 12, took an impressive 10th all-around in her first National Championships. From the scores, one can see that vault and floor are Ashley's best events.

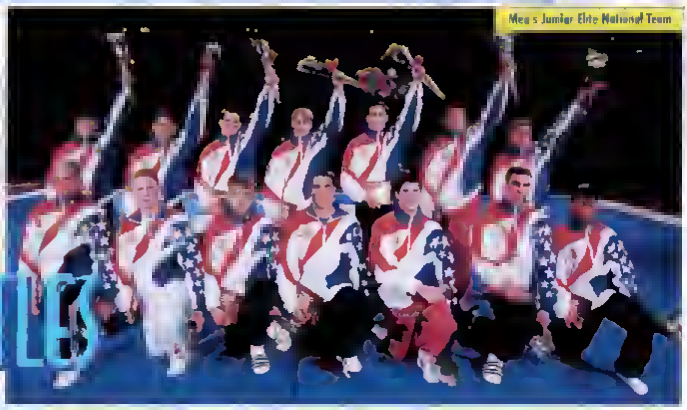
Rounding out the National Team included Marvateens' Alexis Maday from Frederick, Md. (coach Gary Anderson), American Twisters' Morgan White from Coconut Creek, Fla. (coach Tim and Toni Rand), Parkettes' Sheehan Lemley from Hellertown, Pa., Capitol's Monique Chang from Fairfax Station, Va., (coach Tatiana Perskaia), Acros' Breasha Pruitt from Henderson, Ky. (coach Peter Zhao and Julie Harrison), Gym Nevada's Annabeth Eberle, from Reno, Nev., (coach Derrick Maellenbeck), Ricochet's Stephanie Carter from Bryn Athyn, Pa., (coach Tray Miller, Janet Hamvas and Sheri Johnson), Dynamo's Julie Pigg from Edmond, Okla., (coach Marc Hottenstein and Shannon Horn), also from Dynamo's Audra Froim from Edmond, Okla., and Hill's Christy Ray from Germantown, Md.

Event Finals results are listed on page 31

JOHN HANCOCK

U.S. GYMNASTICS CHAMPIONSHIPS

Sean Townsend and Raj Bhavsar Win JUNIOR NATIONAL TITLES



Men's Junior Elite National Team

By Leon Peszek

The Junior Elite Men's competition took place, August 15, in Denver, Colo., at the McNichols Sports Arena. Two divisions of competition took place, the 14-15 division and the 16-18 division.

USA Gymnastics Men's Program Manager Dennis McIntyre said, "The quality of the competition was exceptional, especially considering it was the first year with the new *Code of Points*. These strong juniors are sure to contribute to the success of the men's program in the future."

In the 16-18 division, Sean Townsend, 17, from Dallas, Texas, won the Junior Men's All-Around title with a score of 50.700.

Townsend, coached by Ron Harper, Kevin Mazeika and Brendon Price at Gymmasters had the highest individual event score of the competition on vault where he landed his front handspring double front to score a 9.45 and win the event.

"I've worked that vault for a long time and I've actually thrown it in three meets but this is the first time I've landed it," said Townsend. When asked how it felt when he landed the vault, which has a 10.00 start value, Townsend said, "Great, but I was a little surprised."

Yewki Tomita, 17, from Tucson, Ariz., took second in the all-around with a 49.450. Tomita, who trains at Gymnastics World and is coached by his father Yoichi, said, "Things went pretty bad today for me. I fell on my parallel bars dismount and I'm disappointed because I thought I could win the meet."

Third place in the all-around went to 18-year-old Anthony Petrocelli from Astoria, N.Y. Petrocelli is currently training at the University of Iowa with coaches Tom Dunn and Alex Kolyvanov. Petrocelli scored a 49.250 in the all-around with vault being his highest score, 9.00.

"I'm very happy," said Petrocelli. "I've been training all summer for this meet. In the past, it seems my lucky number has been five and I'm glad I've finally broken past it!"

Rounding out the Junior Elite National Team were Brett McClure from Mill Creek, Wash. and Cascade Elite (coached by Wayne Kerr), Scott Vetere from Pennsburg, Pa., and International Gymnastics (coach Constantin Petrescu; Freddie Umali from San Jose, Calif., and Top Flight Gymnastics (coach Greg Corsiglia); and Jonathan Plante from Roswell, Ga., but resides in Bethlehem, Pa. and trains at Parkettes (coach Joe Stallone).

In the 14-15 division, Raj Bhavsar from Houston, Texas, won the all-around with a score of 48.650. Bhavsar, 16, scored an 8.350 on rings, the highest score of the event, and dismounted with a triple back salto. He also scored on 8.50 on parallel bars which was the third highest score of the event.

Bhavsar, coached by Bill Foster said, "It was great finishing first in my division. I didn't expect it but it was a nice surprise."

Michael Evans from Houston, Texas, and Gymmasters took second all-around with a score of 47.80. Evans, coached by Kevin Mazeika, had the second highest score of the competition on vault with a 9.150.

Kris Zimmerman, 16, took third with a 47.600. Zimmerman is from Hubbard Woods, Ill., and trains at Buffalo Grove Gymnastics with coach Kelly Crumley.

Rounding out the 14-15 division on the Junior Elite National Team includes Matthew Abboud from Dayton, Maine, and Randall's Gymnastics (coach Steve Randall); Shannon Corrion from Tallahassee, Fla., and Gym Force Gymnastics (coach Jim Hisey); Everette Bierker from Bardonia, N.Y. and World Cup Gymnastics (coach Carl Schrade and Jason Hebert), and Duke Van Vleet from Safety Harbor, Fla., and Apollo Gymnastics (coach David Bradley).

Event Finals results are listed on page 31.

Yewki Tomita | Sean Townsend | Anthony Petrocelli | Michael Evans | Raj Bhavsar | Kris Zimmerman

USA GYMNASTICS PHOTOGRAPHY © SUE BLACK

Meet the Gymnasts on the USA Men's and Women's Senior National Teams

WOMEN

#1 VANESSA ATLER

HOMETOWN Canyon Country California
RESIDENCE Canyon Country California
DATE OF BIRTH February 17 1982
AGE 15
CLUB Gliders
COACH Steve & Beth Rybacki

Vanessa went from winning the 1996 Junior National Championships to winning the 1997 Senior National Championships a title she shares with Kristy Powell She's the first to accomplish this feat since Dominique Moceanu in 1994 95 Although Vanessa qualified to compete in the 1997 World Championships, she is not old enough according to the FIG rules Vanessa has her own website She has a brother who plays baseball and both of her parents play tennis

#1 KRISTY POWELL

Hometown, Colorado Springs, Colorado
Residence Cincinnati Ohio
Date of Birth February 13 1980
Age 17
Club Cincinnati Gymnastics
Coach Mary Lee Tracy

Kristy is the 1997 National Champion, along with Vanessa Atler Kristy was a member of the 1996 World Championships team and the 1995 gold-medal Pan American Games team She also won the 1995 American Cup She moved from her home in Colorado to Ohio so that she could train at Cincinnati Gymnastics Academy She is the youngest child and has four brothers!

#3 MOHINI BHARDWAJ

HOMETOWN Cincinnati Ohio
RESIDENCE Altamonte Springs, Florida
DATE OF BIRTH September 29 1978
AGE 18 (turns 19 on Sept 29)
CLUB Brown's Gymnastics
COACH Rita Brown

Mohini will attend UCLA on a gymnastics scholarship when she returns from her first World Championships competition. She decided just one month prior to the National Championships to get serious and compete. She moved from Brown's Gymnastics in Houston to Brown's Gymnastics in Altamonte Springs, Florida and lived and trained with her coach Rita Brown Her first name means "illusion" in Indian Her mother is from Russia and her father is from India

#4 KRISTEN MALONEY

HOMETOWN Pen Argyl Pennsylvania
RESIDENCE Pen Argyl Pennsylvania
DATE OF BIRTH March 10, 1981
AGE 16
CLUB Parkettes
COACH Bill & Donna Strauss, Jack Carter

Kristen won the 1997 American Classic, took sixth all-around and won several medals at the 1997 Visa American Cup, was the top U S gymnast at the 1997 International Team Championships and was named the 1997 Gymnast of the Year and SportsWoman of the Year by USA Gymnastics She has many friends outside of the gym and balances her gymnastics, school and social life with ease.

#5 LINDSAY WING

HOMETOWN Cypress, Texas
RESIDENCE Cypress, Texas
DATE OF BIRTH January 21, 1982
AGE 15
CLUB Cypress
COACH Debbie Kaltschuck, Donna Parish

Although Lindsay qualified to compete in the 1997 World Championships she is not old enough to compete by 22 days, according to the FIG rules Lindsay was a member of the first place team at the 1997 International Team Championships This is her first year competing as a senior Lindsay's grandpa is a major college baseball coach and her dad played international baseball Her brother plays baseball and her sister dives

#6 JAMIE DANTZSCHER

HOMETOWN Palmdale California
RESIDENCE San Dimas, California
DATE OF BIRTH May 2, 1982
AGE 15
CLUB Gliders
COACH Steve & Beth Rybacki

Jamie took first all-around at the 1996 City of Papes competition in France Although Jamie qualified to compete in the 1997 World Championships, she is not old enough according to the FIG rules. Jamie comes from a large family with seven children All of her brothers and sisters are involved in athletics, four are gymnasts The oldest child in her family is 18 and the youngest are nine-year-old twin girls Jamie lives 90 minutes from the gym and makes the commute five times per week.

#7 JENNIE THOMPSON

HOMETOWN Wichita Falls Texas
RESIDENCE Cincinnati, Ohio
DATE OF BIRTH July 29 1981
AGE 16
CLUB Cincinnati Gymnastics
COACH Mary Lee Tracy

Jennie won the 1993 Junior National Championships at age 12. She took fourth all-around at the 1994 Senior National Championships but was unable to compete in the World Championships due to her age At age 10, she was the youngest event champion in the history when she tied for first on floor at the 1992 Junior National Championships. Jennie enjoys shopping and movies

#8 KENDALL BECK

HOMETOWN San Antonio Texas
RESIDENCE Houston Texas
DATE OF BIRTH August 6, 1981
AGE 16
CLUB Cypress
COACH Debbie Kaltschuck Donna Parish

Kendall has a great comeback story She spent two and a half months after the 1996 National Championships in therapy for an old back injury After completing rehabilitation she went into preparation for her first international competition and suffered an ACL injury

continued next page

USA GYMNASTICS PHOTOGRAPHY © JAMIE BLACK

Meet the Gymnasts on the USA Men's and Women's Senior National Teams

requiring surgery in December 1996. She was fully released for competition in May of this year and took eighth all around at the National Championships plus earned a spot on her first World Championships team!

#9 DOMINIQUE MOCEANU

HOMETOWN: Hollywood, California
RESIDENCE: Houston, Texas
DATE OF BIRTH: September 30, 1981
AGE: 15 (turns 16 Sept. 30)
CLUB: Moceanu Gymnastics
COACH: Livia Mazilu

Dominique was the youngest member of the 1996 Olympic Gold Medal Team called the Mag 7. She also finished ninth all-around, fourth on floor and sixth on beam at the Olympic Games. Since the Games she's been busy with the John Hancock Tour of World Gymnastics Champions, opening a gym, making promotional appearances, representing the 5-7-9 clothing store, etc. She also earned a silver medal on beam at the 1995 World Championships. It was great to see Dominique back in action!

#10 JEANETTE ANTOLIN

HOMETOWN: Huntington Beach, California
RESIDENCE: Huntington Beach, California
DATE OF BIRTH: October 5, 1981
AGE: 15 (turns 16 Oct. 5)
CLUB: SCATS
COACH: Don Peters

Jeanette is the youngest of three children. Jeanette has performed extremely well at the National Championships in the past three years (two as a junior). She hasn't had a fall on any event during that time! She took third on bars and fourth all around at the 1996 China Cup in Wuhan City, China. She has a very unique vault, a full twisting Yurchenko on the horse, salto off. She tied for third on vault during the National Championships.

#11 KAITIE DYSON

HOMETOWN: Houston, Texas
RESIDENCE: Conroe, Texas
DATE OF BIRTH: August 11, 1980
AGE: 17
CLUB: Cypress
COACH: Debbie Kortschuck, Deane Parish

Kaitie finished eighth all-around in the junior division at the 1996 National Championships and moved up to the senior ranks this year and finished 11th all-around. Kaitie has been on the National Team since 1995. She is the youngest of four children. Her brother, Jordan, competes in wrestling and boxing.

#12 SHANNON BOWLES

HOMETOWN: Lee, New Hampshire
RESIDENCE: Lee, New Hampshire
DATE OF BIRTH: June 20, 1979
AGE: 18
CLUB: Atlantic Gymnastics
COACH: Tony Retron, Cori Hart

Shannon is a freshman at the University of Utah. She moved up from 19th all-around at the 1996 National Championships to 12th all-around this year. She also took fourth on beam. This is her first year to make the Senior National Team.

#13 AMY YOUNG

HOMETOWN: Diamond Bar, California
RESIDENCE: Diamond Bar, California
DATE OF BIRTH: September 25, 1980
AGE: 16 (17 on Sept. 25)
CLUB: Gym Max
COACH: Tia Wan, Howie Liang

Amy competed in her first Senior National Championships and earned a spot on the National Team. She began the sport of gymnastics when she was seven years old. She's a senior at Diamond Bar High School and loves shopping and swimming. Bars is her favorite event.

#14 MARY BETH ARNOLD

HOMETOWN: Sparks, Nevada
RESIDENCE: Cincinnati, Ohio
DATE OF BIRTH: July 11, 1981
AGE: 16
CLUB: Cincinnati Gymnastics Academy
COACH: Mary Lee Tracy

Mary Beth was a member of the 1995 World Championships team that won a bronze medal. She was also a member of the gold-medal Pan American Games team in 1995. She moved away from home to Cincinnati, Ohio, in order to train with Mary Lee Tracy in early 1997. She loves animals and hopes to pursue a career in veterinary medicine some day.

#15 ALECIA INGRAM

HOMETOWN: Knoxville, Tennessee
RESIDENCE: Folsom, California
DATE OF BIRTH: July 15, 1981
AGE: 16
CLUB: Technique
COACH: Rick Newman, Lisa Pearch

Alecia has been a National Team member since 1995. She took fourth all around and second on beam at the 1996 Boland Bank South Africa Cup. She moved up one position, from 16th to 15th, at the 1997 National Championships. She followed her coach, Rick Newman, to Folsom, Calif., in order to train. She has seven dogs, one bird and two cats.

#16 KELLY PARKINSON

HOMETOWN: Houston, Texas
RESIDENCE: Houston, Texas
DATE OF BIRTH: August 29, 1980
AGE: 17
CLUB: Cypress
COACH: Debbie Kortschuck, Deane Parish

1997 is Kelly's first year competing as a senior. Kelly finished 12th all around at the 1997 Grand Prix in Rome, Italy. She is from a family of seven children. She has four sisters and two brothers—she is the third child. Her older sister is a national tennis player.

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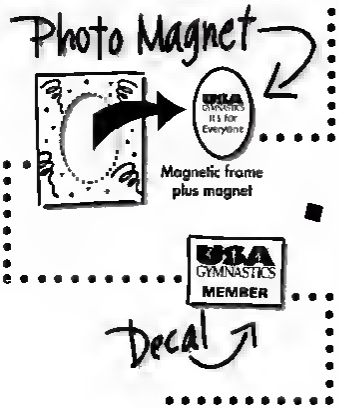

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JOHN HANCOCK U.S. GYMNASTICS CHAMPIONSHIPS

SENIOR MEN'S ALL-AROUND FINALS

#	NAME/CLUB	FX	PH	SR	VT	PB	HB	AA
1	Blaine Wilson	8.850	8.900	9.150	9.650	9.550	8.450	54.550
	Independent	8.650	9.200	9.250	9.600	9.600	9.200	55.500
		17.500	18.100	18.400	19.250	19.150	17.650	110.050
2	John Roethlisberger	7.100	9.300	8.750	9.350	9.000	9.150	52.650
	University of Minnesota	8.950	8.600	9.050	9.500	9.000	9.100	54.200
		16.050	17.900	17.800	18.850	18.000	18.250	106.850
3	Jason Gatson	9.150	8.500	8.700	9.450	9.300	7.750	52.850
	USOTC Gymnastics	9.150	8.350	8.900	9.250	9.250	8.800	53.700
		18.300	16.850	17.600	18.700	18.550	16.550	106.550
4	John Macready	9.000	8.600	8.300	9.200	8.600	9.000	52.700
	USOTC Gymnastics	8.600	8.200	8.500	9.200	9.000	9.200	52.700
		17.600	16.800	16.800	18.400	17.600	18.200	105.400
5	Michael Dutka	8.700	8.500	8.200	9.500	8.700	8.450	52.050
	Penn State University	9.200	9.100	8.600	9.100	8.350	8.700	53.050
		17.900	17.600	16.800	18.600	17.050	17.150	105.100
6	Jay Thornton	8.900	8.350	8.700	9.300	8.900	8.400	52.550
	USOTC Gymnastics	8.950	8.450	8.350	9.300	9.100	8.100	52.250
		17.850	16.800	17.050	18.600	18.000	16.500	104.800
7	Jim Foody	8.150	8.200	8.700	9.350	9.450	8.800	52.650
	UCLA	8.600	7.650	7.450	9.350	9.250	8.750	51.050
		16.750	15.850	16.150	18.700	18.700	17.550	103.700
8	Garry Denk	8.450	7.850	8.500	9.000	8.650	7.900	50.350
	USOTC Gymnastics	8.250	8.950	8.750	9.250	8.950	9.000	53.150
		16.700	16.800	17.250	18.250	17.600	16.900	103.500
9	Chainey Umphrey	8.500	8.400	8.200	8.900	9.150	8.300	51.449
	UCLA	8.550	7.600	8.450	8.900	9.200	8.650	51.350
		17.050	16.000	16.650	17.800	18.350	16.950	102.799
10	David Kruse	8.650	8.600	8.150	9.100	8.650	8.100	51.249
	Cal Berkeley	8.200	9.100	7.550	9.150	8.400	8.850	51.250
		16.850	17.700	15.700	18.250	17.050	16.950	102.499
11	Trent Wells	8.350	8.600	8.150	9.050	8.800	8.550	51.499
	Cal-Berkeley	7.950	8.650	8.050	8.550	9.100	8.500	50.800
		16.300	17.250	16.200	17.600	17.900	17.050	102.299
12	Stephen McCain	8.800	8.600	8.250	8.850	7.899	8.400	50.799
	UCLA	8.850	8.700	7.900	8.350	8.800	8.750	51.350
		17.650	17.300	16.150	17.200	16.699	17.150	102.149
13	Aaron Cotter	8.400	8.000	8.000	8.900	8.400	8.850	50.550
	USOTC Gymnastics	8.300	8.250	8.100	8.700	8.300	9.350	51.000
		16.700	16.250	16.100	17.600	16.700	18.200	101.550
14	Jamie Natalie	8.450	8.700	7.850	8.950	7.800	8.450	50.200
	Prestige Gymnastics	8.550	8.750	7.350	8.900	8.350	8.850	51.250
		17.000	17.450	15.700	17.850	16.150	17.300	101.450

FLOOR

1.	Jason Gatson	USOTC	9.150
2.	John Macready	USOTC	9.000
3.	Jay Thornton	USOTC	8.900
4.	Blaine Wilson	Indep.	8.850
5.	Stephen McCain	UCLA	8.800
6.	Tim Elmer	Ohio	8.750

POMMEL HORSE

1	John Roethlisberger	Minnesota	9.300
2	Sonjuan Jones	Gym Force	9.050
2.	Ken Schmuss	New Mexico	9.050
4	Blaine Wilson	Indep.	8.900
5.	Izzy Riley	Top Flight	8.750
6	Jamie Natalie	Prestige	8.700

STILL RINGS

1	Blaine Wilson	Indep.	9.150
2.	Chris Lorenzoni	Iowa	8.850
3.	John Roethlisberger	Minnesota	8.750
4	Jim Foody	UCLA	8.700
4	Jason Gatson	USOTC	8.700
4	Jay Thornton	USOTC	8.700

VAULT

1	Blaine Wilson	Indep.	9.650
2.	Michael Dutka	Penn State	9.500
3	Jason Gatson	USOTC	9.450
4	Jim Foody	UCLA	9.350
4	John Roethlisberger	Minnesota	9.350
6	Brent Klaus	Ohio	9.300
6	Jay Thornton	USOTC	9.300

PARALLEL BARS

1	Blaine Wilson	Indep.	9.550
2.	Jim Foody	UCLA	9.450
3	Jason Gatson	USOTC	9.300
4	Chainey Umphrey	UCLA	9.150
5	John Roethlisberger	Minnesota	9.000
6	Jay Thornton	USOTC	8.900

HORIZONTAL BAR

1	Doug Stibel	Ohio	9.350
2	John Roethlisberger	Minnesota	9.150
3	John Macready	USOTC	9.000
4	Aaron Cotter	USOTC	8.950
5	Jim Foody	UCLA	8.800
6	Alex Chorsky	Cal-Berk	8.600
6.	Michael Morgan	Ohio	8.600

SENIOR WOMEN'S ALL-AROUND FINALS

#	NAME/CLUB	VT	UB	BB	FX	AA
1	*Vanessa Atler	9.512	9.325	8.950	9.400	37.187
	Gliders	9.575	8.650	9.550	9.650	37.425
		19.087	17.975	18.500	19.050	74.612
1	Kristy Powell	9.237	9.550	9.175	9.125	37.087
	Cincinnati	9.375	9.550	9.300	9.300	37.525
		18.612	19.100	18.475	18.425	74.612
3	Mohini Bhardwaj	9.362	9.075	8.950	9.400	36.787
	Brown's	9.375	9.500	9.200	9.350	37.425
		18.737	18.575	18.150	18.750	74.212
4	Kristen Maloney	9.450	8.675	9.250	9.500	36.875
	Parkettes	9.487	8.350	9.475	9.675	36.987
		18.937	17.025	18.725	19.175	73.862
5	*Lindsay Wing	9.225	9.300	8.550	9.700	36.775
	Cypress	9.362	8.600	9.475	9.500	36.938
		18.587	17.900	18.025	19.200	73.712
6	*Jamie Dantzscher	9.250	9.325	8.350	9.250	36.175
	Gliders	9.187	9.400	9.375	9.450	37.412
		18.437	18.725	17.725	18.700	73.587
7	Jennie Thompson	9.137	9.000	8.725	9.100	35.962
	Cincinnati	9.250	8.650	9.525	9.550	36.975
		18.387	17.650	18.250	18.650	72.937
8	Kendall Beck	9.275	8.450	9.425	9.450	36.600
	Cypress	9.475	8.200	9.075	9.400	36.150
		18.750	16.650	18.500	18.850	72.750
9	Dominique Moceanu	9.112	8.250	8.700	9.600	35.662
	Moceanu	9.237	8.850	9.400	9.325	36.812
		18.349	17.100	18.100	18.925	72.474
10	Jeanette Antolin	9.362	9.000	8.875	8.725	35.962
	Scats	9.062	9.125	8.975	9.225	36.287
		18.424	18.125	17.850	17.950	72.249
11	Karin Bysom	8.887	9.175	9.375	9.025	36.462
	Cypress	9.013	7.975	8.925	8.975	34.888
		17.899	17.150	18.300	18.000	71.349
12	Shannon Bowles	8.950	9.025	9.325	8.400	35.7
	Atlanta	9.062	8.550	9.400	8.625	35.638
		18.012	17.575	18.725	17.025	71.337
13	Amy Young	9.112	8.650	8.575	8.950	35.287
	Gym Max	9.162	8.750	8.850	8.850	35.612
		18.276	17.400	17.425	17.800	70.899
14	Mary Beth Arnold	9.025	9.400	9.225	7.600	35.250
	Cincinnati	9.100	8.125	9.400	8.925	35.550
		18.125	17.525	18.625	16.525	70.800
15	Alecia Ingram	8.987	8.100	9.100	9.200	35.367
	Technique	8.863	8.800	8.725	8.950	35.337
		17.849	16.900	17.825	18.150	70.724
16	Kelly Parkinson	9.175	8.575	8.725	8.550	35.025
	Cypress	9.137	8.750	8.500	8.750	35.137
		18.312	17.325	17.225	17.300	70.162
17	Reagan Tomanek	8.900	6.850	9.400	8.650	33.800
	Hills	9.112	8.625	8.950	9.400	36.087
		18.012	15.475	18.350	18.050	69.887
18	Becky Maldeen	8.862	9.000	8.625	8.475	34.962
	Parkettes	8.712	9.000	7.850	9.025	34.587
		17.574	18.000	16.475	17.500	69.549
19	Jenni Ace	8.737	8.250	8.850	9.225	35.062
	Ace	8.975	8.000	8.375	9.125	34.475
		17.712	16.250	17.225	18.350	69.537
20	Alyssa Beckerman	8.625	8.600	8.100	8.525	33.850
	North Stars	8.712	8.950	8.100	8.725	34.487
		17.337	17.550	16.200	17.250	68.337

Comment: *Not age-eligible for World Championships.

VAULT

1	Vanessa Atler	Gliders	9.512
2.	Kristen Maloney	Parkettes	9.450
3.	Jeanette Antolin	SCATS	9.362
3	Mohini Bhardwaj	Brown's	9.362
5	Kendall Beck	Cypress	9.275
6	Jamie Dantzscher	Gliders	9.250

BARS

1	Kristy Powell	Cincinnati	9.550
2.	Mary Beth Arnold	Cincinnati	9.400
3	Vanessa Atler	Gliders	9.325
3	Jamie Dantzscher	Gliders	9.325
5	Lindsay Wing	Cypress	9.300
6	Kristen Stucky	Salto	9.250

BEAM

1.	Kendall Beck	Cypress	9.425
2.	Reagan Tomanek	Hills	9.400
3	Karin Bysom	Cypress	9.375
4	Shannon Bowles	Atlanta	9.325
5	Kristen Maloney	Parkettes	9.250
6.	Mary Beth Arnold	Cincinnati	9.225

FLOOR

1	Lindsay Wing	Cypress	9.700
2.	Dominique Moceanu	Moceanu	9.600
3	Kristen Maloney	Parkettes	9.500
4	Kendall Beck	Cypress	9.450
5.	Vanessa Atler	Gliders	9.400
5	Mohini Bhardwaj	Brown's	9.400

Below (from l to r): Kristy Powell, Mary Lee Tracy and Kim Zmeskal

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JUNIOR MEN—14-15 YEAR OLD

ALL-AROUND

#	NAME/CLUB	FX	PH	SR	VT	PB	HB	AA
1	Ray Bhevsar Cypress Gymnastics Academy	7.750	7.650	8.350	8.700	8.500	7.700	48.650
2	Michael Evans Gym Masters	8.200	7.250	7.550	9.150	8.100	7.450	47.000
3	Kristopher Zimmerman Buffalo Grove Gymnastics	6.900	7.700	8.050	8.800	8.450	7.200	47.000
4	Matthew Abboud Randall's Gymnastics	8.150	6.950	7.950	8.600	7.150	7.500	46.300
4	Shannon Carrion Gym Force Athlete Training C	8.100	7.250	7.950	8.400	6.300	7.800	46.300
6	Everette Harker World Cup Gymnastics	8.150	7.550	7.250	8.150	8.050	6.950	46.100
7	Luke Van Vleet Apollo Gymnastics	7.050	7.050	6.200	8.650	7.450	7.400	44.600

EVENT FINALS

FLOOR EXERCISE

1	Michael Evans	Gym Masters	8.200
2	Matthew Abboud	Randall's Gym	8.150
2	Everette Harker	World Cup Gym.	8.150

POMMEL HORSE

1	Michael Ashe	Atlanta	8.550
2	Shannon Carrion	Gym Force	7.750
3	Kristopher Zimmerman	Buffalo Grove	7.700

STILL RINGS

1	Ray Bhevsar	Cypress Gym.	8.350
2	Kristopher Zimmerman	Buffalo Grove	8.050
3	Shannon Carrion	Gym Force	7.950
3	Matthew Abboud	Randall's Gym	7.950

VAULT

1	Michael Evans	Gym Masters	9.150
2	Isaiah Hect	Top Flight	9.000
3	Kristopher Zimmerman	Buffalo Grove	8.800

PARALLEL BARS

1	Ray Bhevsar	Cypress Gym.	8.500
2	Kristopher Zimmerman	Buffalo Grove	8.450
3	Michael Evans	Gym Masters	8.100

HIGH BAR

1	Shannon Carrion	Gym Force	7.800
2	Ray Bhevsar	Cypress Gym.	7.700
2	Kristopher Zimmerman	Buffalo Grove	7.700

JUNIOR MEN—16-18 YEAR OLD

ALL-AROUND

#	NAME/CLUB	FX	PH	SR	VT	PB	HB	AA
1	Sean Townsend Gym Masters	8.600	7.800	8.200	9.450	8.850	7.800	50.700
2	Yoshi Tomita Gym World of Irvine	8.900	8.800	8.000	8.050	7.350	8.350	49.450
3	Anthony Petrocelli University Of Iowa	8.500	7.700	7.700	9.000	8.250	8.100	49.250
4	Brett McClure Cascade Elite	7.650	7.950	7.350	8.850	8.150	8.500	48.650
5	Scott Vetere International Gymnastics	7.950	8.250	7.250	8.850	8.200	7.900	48.500
6	Freddie Linsell Top Flight	8.150	8.200	7.650	9.000	8.800	6.400	47.700
7	Jonathan Plante Parkettes	8.050	8.500	6.700	8.300	8.000	7.800	47.350

EVENT FINALS

FLOOR EXERCISE

1	Brendan O'Neil	Pro-Gym	9.100
2	Yoshi Tomita	Gym World	8.900
3	Sean Townsend	Gym Masters	8.600

POMMEL HORSE

1	Yoshi Tomita	Gym World	8.900
2	Jonathan Plante	Parkettes	8.500
3	Scott Vetere	Int'l Gym.	8.350

STILL RINGS

1	Sean Townsend	Gym Masters	8.200
2	Yoshi Tomita	Gym World	8.000
3	Kevin Raufstein	Prestige	7.850

VAULT

1	Sean Townsend	Gym Masters	9.450
2	Brendan O'Neil	Pro-Gym	9.050
3	Anthony Petrocelli	Univ. Of Iowa	9.000

PARALLEL BARS

1	Freddie Linsell	Top Flight	8.900
2	Sean Townsend	Gym Masters	8.850
3	Brendan O'Neil	Pro Gym	8.400

HIGH BAR

1	Brett McClure	Cascade Elite	8.500
2	Yoshi Tomita	Gym World	8.350
3	Anthony Petrocelli	Univ. Of Iowa	8.100

(from l to r): Jamie Dantzscher and Vanessa Atler

JUNIOR WOMEN'S ALL-AROUND FINALS

ALL-AROUND

#	NAME/CLUB	VT	BB	BB	FX	AA
1	Marline Stephens	9.275	8.625	8.525	9.400	35.825
	Cypress	9.012	8.375	8.575	9.275	35.237
		18.287	17.000	17.100	18.675	71.062
2	Sierra Sapunar	8.937	8.525	8.650	9.100	35.212
	Cincinnati	8.987	8.750	8.275	9.500	35.512
		17.924	17.275	16.925	18.600	70.724
3	Kristin Thome	8.312	8.600	8.950	9.275	35.137
	Cypress	8.712	8.625	8.850	9.150	35.337
		17.024	17.225	17.800	18.425	70.474
4	Elise Ray	8.762	9.075	9.050	9.100	35.987
	Hills	8.550	8.025	8.950	8.900	34.425
		17.312	17.100	18.000	18.000	70.412
5	Melinda Bainbridge	8.925	7.750	9.150	9.050	34.775
	Cypress	8.462	8.125	8.975	9.500	35.062
		17.387	15.875	18.025	18.550	69.837
6	Carol Nagle	8.725	8.925	8.250	8.475	34.375
	Parkettes	8.700	8.650	8.500	8.875	34.725
		17.425	17.575	16.750	17.350	69.100
7	Erinn Dooley	8.800	8.450	8.400	8.500	34.150
	Hills	8.875	8.500	8.825	8.700	34.900
		17.675	16.950	17.225	17.200	69.050
8	Brittany Thome	8.550	8.925	8.300	9.000	34.775
	Cypress	8.487	8.250	8.400	8.900	34.037
		17.037	17.175	16.700	17.900	68.812
9	Brittany Smith	8.500	8.700	8.775	8.300	34.275
	Cincinnati	8.637	7.800	9.100	8.700	34.237
		17.137	16.500	17.875	17.000	68.512
10	Ashley Miles	9.212	8.175	7.200	8.475	33.562
	Cypress	9.062	8.200	8.125	8.400	34.887
		18.274	16.375	16.525	17.275	68.449
11	Alexis Maday	9.037	8.675	7.250	9.100	34.562
	Marvateens	9.025	8.775	7.700	8.375	33.875
		18.062	17.450	15.450	17.475	68.437
12	Morgan White	8.312	8.650	8.100	8.525	33.587
	American Twisters	8.575	8.925	8.275	8.925	34.700
		16.887	17.575	16.375	17.450	68.287
13	Sheehan Lemley	8.400	8.700	8.325	7.975	33.400
	Parkettes	8.675	8.725	8.625	8.775	34.800
		17.075	17.425	16.950	16.750	68.200
14	Monique Chang	8.925	8.100	8.775	8.650	34.450
	Capital	8.412	7.950	7.500	9.375	33.637
		17.337	16.050	16.675	18.025	68.087
15	Brandie Pruitt	8.950	8.900	8.325	7.550	33.725
	Aerials	8.712	8.925	8.550	8.050	34.237
		17.662	17.825	16.875	15.600	67.962
16	Annelieth Eberle	8.662	8.000	8.600	8.675	33.937
	Gym Nevada	8.550	8.175	8.100	9.075	33.900
		17.212	16.175	16.700	17.750	67.837
17	Stephanie Carter	8.587	8.325	7.800	8.350	33.162
	Ricochets	8.850	8.775	8.275	8.675	34.575
		17.437	17.100	16.075	17.025	67.637
18	Julie Pigg	8.350	8.550	8.600	8.600	34.100
	Dynamo	8.800	8.275	7.900	8.550	33.525
		17.150	16.825	16.500	17.150	67.625
19	Andra Frain	8.425	8.575	8.625	8.625	34.250
	Dynamo	8.412	8.525	8.075	8.275	33.287
		16.837	17.100	16.700	16.900	67.537
20	Christy Ray	8.512	8.250	8.600	8.450	33.812
	Hills	8.862	8.775	7.300	8.775	33.712
		17.374	17.025	15.900	17.225	67.524

VAULT

1	Marline Stephens	Cypress	9.275
2	Ashley Miles	Cypress	9.212
3	Alexis Maday	Marvateens	9.037
4	Brandie Pruitt	Aerials	8.950
5	Sierra Sapunar	Cincinnati	8.937
6	Melinda Bainbridge	Cypress	8.925
6	Monique Chang	Capital	8.925

BARS

1	Elise Ray	Hills	9.075
2	Carol Nagle	Parkettes	8.925
2	Brittany Thome	Cypress	8.925
4	Brandie Pruitt	Aerials	8.900
5	Sheehan Lemley	Parkettes	8.700
5	Brittany Smith	Cincinnati	8.700

BEAM

1	Melinda Bainbridge	Cypress	9.050
1	Elise Ray	Hills	9.050
3	Kristin Thome	Cypress	8.950
4	Angela Beam	Mo. Twisters	8.775
4	Monique Chang	Capital	8.775
4	Brittany Smith	Cincinnati	8.775

FLOOR

1	Marline Stephens	Cypress	9.400
2	Kristin Thome	Cypress	9.275
3	Alexis Maday	Marvateens	9.100
3	Elise Ray	Hills	9.100
3	Sierra Sapunar	Cincinnati	9.100
6	Melinda Bainbridge	Cypress	9.050

Kate Jeffress

PHOTOGRAPHY BY ELIOT LANSLEY

FOUR CONTINENTS CHAMPIONSHIPS

JUNIOR ALL-AROUND

1	Kate Jeffress	USA	35.062
2	Emily Livingstone	CAN	35.050
3	Tanya Vabala	AUS	34.599
4	Hitomi Yamazaki	JPN	34.425
5	Mollie Isaacs	USA	34.337
6	Sae Takahashi	JPN	34.137
11	Lindsay Powell	USA	33.875

JUNIOR TEAM COMPETITION

1	United States	103.274
2	Japan	102.611
3	Canada	102.586
4	Australia	101.173
5	Argentina	100.661
6	Korea	100.300
7	Brazil	100.061
8	Malaysia	96.211

SENIOR TEAM COMPETITION

1	China	111.921
2	Japan	111.537
3	Korea	109.274
4	Australia	108.370
5	Canada	108.002
6	United States	107.506
7	Argentina	106.435
8	Malaysia	104.075
9	Thailand	103.249
10	South Africa	98.570
11	Chinese Taipei	93.757

SENIOR ALL-AROUND FINALS

1	Yukari Narita	JPN	37.582
2	Rieko Matsunaga	JPN	37.532
3	Xiaojing Zhao	CHN	37.465
4	Yuufei Pu	CHN	37.311
5	Shanaz Johnston	AUS	36.794
6	Mia-Jang Kim	KOR	36.702
13	Natalie Imrasta	USA	35.565
14	Elia Takahashi	USA	35.265

JUNIOR ROPE

1	Kate Jeffress	USA	8.825
2	Emily Livingstone	CAN	8.787
3	Hitomi Yamazaki	JPN	8.725

JUNIOR HOOP

1	Emily Livingstone	CAN	8.775
2	Tanya Vabala	AUS	8.737
3	Sae Takahashi	JPN	8.687
4	Kate Jeffress	USA	8.662
8	Mollie Isaacs	USA	8.362

JUNIOR BALL

1	Emily Livingstone	CAN	8.825
2	Hitomi Yamazaki	JPN	8.737
3	Kate Jeffress	USA	8.725

JUNIOR RIBBON

1	Kate Jeffress	USA	8.650
2	Tanya Vabala	AUS	8.562
3	Mollie Isaacs	USA	8.550

JUNIOR GROUP

1	Japan	34.650
2	Korea	33.800
3	Brazil	33.700
4	Canada	33.500
5	United States	33.300
6	Australia	32.850

U.S. CHALLENGE RESULTS continued from page 10

NATIONAL ELITE-SENIOR

ALL-AROUND STANDINGS

			V	UB	BB	FX	TOTAL
1	Nikki Boyschou	Arizona Sunrays	OPT	8.875	9.000	9.100	36.275
2	Tom Hart	Atlantic Coast	OPT	9.960	9.025	8.975	9.000	35.960
3	Jessica Bartgis	Marvateens	OPT	9.375	9.025	8.900	8.850	35.850
4	Chalon Byrd	River City	OPT	9.185	8.650	9.050	8.850	35.735
5	Kristin Uransky	Gymstrude	OPT	9.150	8.850	9.775	8.850	35.625
6	Erin Pendleton	Ocean Tumblers	OPT	9.060	9.050	8.750	8.725	35.585
7	Erin Gaffin	Berk's	OPT	9.250	8.500	8.950	8.850	35.550
8	Lenna Dooley	Capital Va	OPT	9.400	8.500	8.700	8.900	35.500
9	Jennifer French	Gymnastics	OPT	9.025	8.600	9.150	8.675	35.450
10	Tarah Chellevold	Desert Lights	OPT	8.960	8.550	8.800	9.025	35.335
11	Catie Christensen	Buckeye	OPT	8.575	9.075	9.150	8.125	34.925
12	Stephanie Kite	Capital Va	OPT	9.160	8.675	9.100	8.150	34.085
13	Sara Lou	Nexx	OPT	8.860	8.425	8.650	8.900	34.835
14	Julie Gore	Capital Va	OPT	8.775	8.150	8.650	8.925	34.500
15	Felicia Cathart	Gymcavalier	OPT	8.750	8.825	8.500	8.375	34.450
16	Megan Greenwood	North Stars	OPT	9.100	8.525	8.175	8.100	33.900
17	Jeanne Yoh	Marvateens	OPT	8.875	7.325	8.875	8.775	33.850
18	Dawn Campbell	Devin	OPT	8.675	7.975	8.650	8.425	33.725
19	Marie Bonieri	North Stars	OPT	9.325	7.125	8.600	8.225	33.275
20	Kari Huth	Desert Lights	OPT	8.000	7.750	8.575	7.950	24.275

Sasha Chernenko

USA GYMNASTICS PHOTO/JOHN CISTO LARGE

Raegan Tomasek

THORNTON, TOMASEK TRIPLE MEDALISTS AT SENIOR PAN AMERICAN CHAMPIONSHIPS

Jay Thornton, from Augusta, Ga., and Raegan Tomasek, from Gaithersburg, Md., each earned a gold and two silver medals to pace the U.S. at the 1997 Senior Pan American Championships, held July 2-7 in Medellin, Colombia.

Thornton, who trains at the U.S. Olympic Training Center in Colorado Springs, Colo., earned a gold in floor exercise and a silver on pommel horse. Thornton missed a bronze in individual all-around by 0.3, barely missing a chance to break up what became a Cuban sweep in the men's all-around.

Aaron Cotter of Lincoln, Neb., but now training at the U.S. Olympic Training Center, won a gold medal on high bar. In team competition, the American quartet of Thornton, Michael Dutka (Fairless Hills, Pa.), Cotter, and Sanjuan Jones (Tallahassee, Fla.) claimed the silver medal behind Cuba.

Tomasek, from Hill's Angels in Gaithersburg, Md., earned a gold on beam and took a silver on floor. American Twisters' Morgan White (Coconut Creek, Fla.), added to the USA medal count with a silver on bars. Tomasek and White were joined by Ennn Dooley (Gaithersburg, Md.) and Nicole Kilpatrick (Ringwood, N.J.) for a silver in the team event. All four USA gymnasts finished in the top 10 in individual all-around, led by White's fifth-place finish, less than 0.4 off the medal pace.

The USA did not medal in rhythmic competition, placing fourth in team. Top USA finishers were Sasha Chernenko (Culver City, Calif.), with a fifth place in clubs and Meaghan Muller (Baswell, Ga.), who tied for fifth in rope.

Results are top three plus all USA placements

MEN'S RESULTS

TEAM

1. Cuba		161.200
2. USA		153.900
3. Colombia		150.200

ALL-AROUND

1. Eric Lopez	CUB	54.300
2. Francisco Diaz	CUB	53.450
3. Lazaro Lamelas	CUB	52.600
4. Jay Thornton	USA	52.300
5. Michael Dutka	USA	50.700
6(t) Sanjuan Jones	USA	50.000
13 (t) Aaron Cotter	USA	49.300

FLOOR EXERCISE

1. Jay Thornton	USA	8.675
2. Eric Pedroza	ARG	8.650
3. Diego Uzardi	PUR	8.475

POMMEL HORSE

1. Eric Lopez	CUB	9.675
2. Jay Thornton	USA	8.900
3. Jorge Giraldo	COL	8.475
6. Michael Dutka	USA	7.975

RINGS

1. Diego Uzardi	PUR	9.400
2(t) Eric Lopez	CUB	9.400
2 (t) Sergio Alvarado	ARG	9.350
5. Jay Thornton	USA	8.525

VAULT

1(t) Diaz Taundy	CUB	9.400
1(t) Lazaro Lamelas	CUB	9.400
3. Pablo Capote	VEN	9.137
4. Michael Dutka	USA	8.875

PARALLEL BARS

1. Eric Lopez	CUB	8.975
2. Francisco Diaz	CUB	8.950
3. Jorge Giraldo	COL	8.725
7. Jay Thornton	USA	7.925

HIGH BAR

1. Aaron Cotter	USA	9.225
2. Alexander Rangel	COL	8.975
3. Lazaro Lamelas	CUB	8.950
5. Sanjuan Jones	USA	8.250

WOMEN'S RESULTS

TEAM

1. Brazil		105.307
2. USA		104.483
3. Cuba		104.084

ALL-AROUND

1. Denise Lopez	MEX	35.681
2. Leyanet Gonzalez	CUB	35.251
3. Maria Gonsalves	BRA	35.144
5. Morgan White	USA	34.776
6. Raegan Tomasek	USA	34.607
7. Nicole Kilpatrick	USA	34.526
10. Erin Dooley	USA	34.188

VAULT

1. Denise Lopez	MEX	9.294
2. Beatriz Magana	MEX	9.162
3. Leyanet Gonzalez	CUB	8.987

UNEVEN BARS

1. Daniela Hypolito	BRA	9.450
2. Morgan White	USA	9.038
3. Camila Comin	BRA	8.863
7. Nicole Kilpatrick	USA	7.887

BALANCE BEAM

1. Raegan Tomasek	USA	9.200
2. Denisse Lopez	MEX	9.025
3. Leyanet Gonzalez	MEX	8.675
5. Morgan White	USA	8.038

FLOOR EXERCISE

1. Daniela Hypolito	BRA	9.275
2. Raegan Tomasek	USA	9.000
3. Monica Gomez	BRA	8.963
7. Morgan White	USA	8.425

Men's Team (L to R): Sanjuan Jones, Mike Dutka, Aaron Cotter, Jay Thornton and Ron Brant

RHYTHMIC RESULTS

TEAM

1. Brazil		109.4583
2. Argentina		109.3458
3. Cuba		109.1458
4. USA		107.8000

INDIVIDUAL

1. Yordania Corrales	CUB	36.8833
2. Camila Ferezin	BRA	36.5833
3. Kizzy Anhaelpo	BRA	36.4833
7. Sasha Chernenko	USA	36.0500
8. Meaghan Muller	USA	35.8875
10. Alicia Albe	USA	35.8625
14. Lauri Illy	USA	34.9708

ROPE

1. Yordania Corrales	CUB	9.4917
2. Yasleidis Rodriguez	CUB	9.2542
3. Camila Ferezin	BRA	9.2250
5(t) Sandra Re	ARG	9.1000
5(t) Meaghan Muller	USA	9.1000
8. Alicia Albe	USA	8.9958

HOOP

1. Yordania Corrales	CUB	9.4083
2. Camila Ferezin	BRA	9.3250
3. Sandra Re	ARG	9.2667
6. Sasha Chernenko	USA	9.0083
8. Alicia Albe	USA	8.3083

CLUBS

1(t) Onyone Silva	BRA	9.4750
1(t) Yordania Corrales	CUB	9.4750
3. Kizzy Anhaelpo	BRA	9.4167
5. Sasha Chernenko	USA	9.2083
6. Alicia Albe	USA	9.0167

RIBBON

1. Kizzy Anhaelpo	BRA	9.3667
2. Sandra Re	ARG	9.2917
3. Yordania Corrales	CUB	9.2833
7. Sasha Chernenko	USA	8.7667
8. Meaghan Muller	USA	8.6667

1997 NATIONAL HIGH SCHOOL GYMNASTICS CHAMPIONSHIPS

There were 125 gymnasts who competed in the 1997 National High School Gymnastics Championships in Boston, Mass. For the men, Texas won by only .05 over Illinois, while New York won the women's competition with Massachusetts in second. Below is a list of the all around winners.

WOMEN

1	Rosann Marie Kozowski	NY
2.	Jenna Murphy	MA
3	Nyla Palombino	NY
4.	Laura Mcfarland	MA
5	Suzy Brown	TX
6	Ili Goldstein	NY
7.	Marissa Pourshoshtari	MD
8	Michelle Sayre	WA

MEN

1	Jay Nardelli	VA
2.	Adam Ramos	NY
3	Gregg Starer	MA
4	Chip Zehn	TX
5	Bryan McNally	VA
6	Mark Kimoyu	TX
7	Bill Collis	IL
8.	Lance Hancock	VA

France's Dmitri Karbonenko and U.S.'s Jason Gatson pose for a shot at the Banquet, following the competition.

USA Delegation from l to r: Abie Grossfeld, Carolyn Bowers, Deana Parish, Kelly Parkinson, Kattie Dyson, Jason Gatson, and Ron Brant

GRAND PRIX OF ROME

JASON GATSON EARNS SILVER MEDAL

U.S. gymnasts Jason Gatson, Kattie Dyson, and Kelly Parkinson along with their coaches Ron Brant and Deana Parish and judges Abie Grossfeld and Carolyn Bowers, attended the Grand Prix of Rome from May 28-29. Athletes from 15 countries competed for all-around and individual event titles.

Gatson placed second on floor behind Dmitri Karbonenko, third on high bar and fifth all-around. Dyson placed ninth in the all-around, and tied for sixth on bars. Parkinson finished 12th in the all-around and ninth on vault.

WOMEN'S RESULTS

ALL-AROUND

1	Oksana Chusovitina	UZB	37.675
2.	Adriana Cosci	ITA	37.513
3	Simona Amanar	ROM	37.512
4	Martina Bramini	ITA	37.325
5.	Eugenia Koshina	RUS	36.675
6	Elena Piskun	BLR	36.550
6.	Zhou Dan	CHN	36.550
6.	Cecile Canqueteau	FRA	36.550
9	Kattie Dyson	USA	35.112
10	Beatrix Sanchez	ESP	34.475
11	Gabriella Onodi	HUN	34.263
12	Kelly Parkinson	USA	33.500
13	Dina Mergarita	GRE	31.600

VAULT

1	Simona Amanar	ROM	9.462
2.	Adriana Cosci	ITA	9.438
3.	Oksana Chusovitina	UZB	9.400
3	Martina Bramini	ITA	9.400
3	Zhou Dan	CHN	9.400
7	Kattie Dyson	USA	9.362
8	Kelly Parkinson	USA	9.325

BARS

1	Adriana Cosci	ITA	9.700
2.	Sanchez Beatrix	ESP	9.550
3	Eugenia Koshina	RUS	9.450
4	Kattie Dyson	USA	9.200

BEAM

1	Simona Amanar	ROM	9.625
2.	Adriana Cosci	ITA	9.600
3	Oksana Chusovitina	UZB	9.500
4.	Kelly Parkinson	USA	9.025
11	Kattie Dyson	USA	8.600

FLOOR

1	Zhou Dan	CHN	9.625
2.	Oksana Chusovitina	UZB	9.450
3	Martina Bramini	ITA	9.375
11	Kelly Parkinson	USA	8.450
13	Kattie Dyson	USA	8.250

MEN'S RESULTS

ALL-AROUND

1	Shan Jian	CHN	54.150
2.	Dmitri Karbonenko	FRA	54.150
3	Alexander Svitlychny	UKR	53.650
5	Jason Gatson	USA	51.000

FLOOR

1	Dimitri Karbonenko	FRA	9.150
2	Jason Gatson	USA	9.000
3	Sergio Luini	ITA	8.600

POMMEL HORSE

1	Alexander Svitlychny	UKR	9.450
2.	Takehito Kashima	JPN	9.400
3	Ivan Ivankov	BLR	9.350
11	Jason Gatson	USA	8.250

STILL RINGS

1	Jury Chechi	ITA	9.750
2.	Dan Burlacu	ROM	9.650
3	Ivan Ivankov	BLR	9.450
11	Jason Gatson	USA	8.300

VAULT

1	Alexander Svitlychny	UKR	9.850
2.	Yan Krukov	RUS	9.550
3	Shan Jian	CHN	9.450
9	Jason Gatson	USA	8.850

PARALLEL BARS

1	Ivan Ivankov	BLR	9.700
2.	Shen Jian	CHN	9.050
3	Dimitri Karbonenko	FRA	9.000
14	Jason Gatson	USA	7.650

HORIZONTAL BAR

1	Alexander Svitlychny	UKR	9.300
2.	Shen Jian	CHN	9.000
3.	Jason Gatson	USA	8.850

Note: The top three are listed for each event plus the U.S. finishes.

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MEN

USA GYMNASTICS NATIONAL COLLEGIATE CHAMPIONSHIPS

Men's Event Finals

In the July/August issue of USA Gymnastics, results were published on each event from the team and all-around competition at the USA Gymnastics Collegiate Championships at Seattle Pacific University. We failed to print the Event Finals results. Below is a list of those results:

FLOOR

1. Steve McCain	UCLA	9.700
2. Jim Fitody	UCLA	9.500
3. Jo ohn Eiow	William & Mary	9.500

POMMEL HORSE

1. Rich Kyo	Arizona State	9.625
2. Mark Cherlin	UCLA	9.400
3. Jerry Leyhn	San Jose State	9.100

RINGS

1. Jeff Johnson	Washington	9.775
2. Scott McCall	William & Mary	9.725
3. Steve McCain	UCLA	9.650

VAULT

1. Steve McCain	UCLA	9.500
2. Roberto Aldazabal	Miami Dade CC	9.400
2. Rawn Schell	William & Mary	9.400
2. Ryan Walburn	Washington	9.400

PARALLEL BARS

1. Steve McCain	UCLA	9.725
2. Roberto Aldazabal	Miami Dade CC	9.600
3. Yuri Salkowski-Hartlett	William & Mary	9.350

HORIZONTAL BAR

1. Sergei Lunz	Washington	9.700
2. Randy Santos	Albany State	9.450
3. Steve McCain	UCLA	9.400

1997 NATIONAL ACADEMIC TOP 15 GYMNASTICS TEAM FOR MEN

1. MIT
2. BYU
3. Iowa
4. Nebraska
5. Illinois
6. William & Mary
7. U.-Cal Berkeley
8. Oklahoma
9. Michigan
10. Air Force Acad.
11. Temple
12. Ohio State
13. New Mexico
14. Michigan State
15. Minnesota

WOMEN

HELP SAVE A PROGRAM

By Sandy Thielz and Kathy Feldmann

Indiana University of Pennsylvania (IUP), a Division II institution in Pennsylvania has dropped their women's gymnastics team effective immediately. If you would like to help write letters and telephone the administration to let them know how you feel. You can make a difference!

Frank Cignetti
Athletic Director
Indiana University of PA
Memorial Field House
Indiana, PA 15705

Dr. Lawrence Potts
President
Indiana University of PA
Indiana, PA 15705
412-357-2200

Senator Patrick Stapleton
(Alum and President of the Board of Trustees)
581 Philadelphia St.
Indiana, PA 15701
412-349-7010

rising stars

USAIGC NATIONAL CHAMPIONSHIPS

TEAM

1. Capital Gym NTC	116.000
2. Gymnastics A	115.275
3. Flytz USA	114.800
4. American Twisters	114.650
5. Gymstars	112.425
6. Richmond Olympiad	111.675
7. Gymnastics C	111.675
8. Gymnastics B	101.725

ALL-AROUND

CHILDREN

DD Kristin Dolan	Richmond Olympiad	36.775

JUNIOR

DD Molly Brantree	Richmond Olympiad	34.900

SENIOR

DD Jillian Tucker	Western Reserve Gym.	36.625

CHILDREN

ID Lori Wine	Dynamo (Okla.)	37.575

JUNIOR

ID Ericka Kuvu	Dynamo (Okla.)	37.400

SENIOR

ID Erin Malinck	Marvatsons	37.075

JUNIOR

OD Kara Wasenhouse	The Gym Acad	38.025

Below: Members of Capitol Gymnastics Team at the 1997 USAIGC National Championships in Polk County, Fla.

BOYS REGION IX CHAMPIONSHIPS

U.S. OLYMPIC TRAINING CENTER, COLORADO SPRINGS, CO
APRIL 26-27, 1997

JUNIOR ELITE I
ALL-AROUND

1. Jason Gatson	USOTC	56.150
2. Walter Jacamillo	Gold Cup	52.725
3. Ryan Roberts	Albuquerque	52.600

TEAM

1. Gold Cup Gym.	151.750
2. Aurora School	129.425
3. High Country	117.175

JUNIOR ELITE II
ALL-AROUND

1. Sterling Richards	USA Gym World	51.775
2. Scott Hunchul	Albuquerque	49.525
3. Joey Haggerty	Gold Cup	48.225

TEAM

1. USA Gym World	148.800
2. Albuquerque	142.775
3. High Country	107.825

JUNIOR ELITE III 12-13
ALL-AROUND

1. Charles Jones	Aurora School	50.400
2. Geoffrey Corrigan	Pinnacle	48.600
3. Steve Young	USA Gym Wld	49.575

JUNIOR ELITE III 14 & UP

1. Matt Ciskins	Gold Cup	46.325
2. Justin Wolsen	Gold Cup	46.000
3. Brian Hasbop	USA Gym. Wld.	45.825

TEAM

1. USA Gym. World	142.525
2. Albuquerque School	142.475
3. Aurora School	140.600

CLASS IV 10-11
ALL-AROUND

1. Scott Gaumer	Gymnastics	50.100
2. Ivo Postunik	Albuquerque	49.600
3. Daniel Zollinger	Gold Cup	49.300

CLASS IV 12 & VP
ALL-AROUND

1. David Flannery	CATS	47.100
2. Tim Hudson	Aurora School	46.900
3. Billy McCowen	Dardano's	45.050

TEAM

1. Aurora School	140.000
2. Dardano's School	135.350
3. Albuquerque School	97.400

CLASS V 8-9
ALL-AROUND

1. Adam Stanton	Aurora	55.100
2. Derek Slack	Albuquerque	54.100
3. TJ Covert	Albuquerque	53.300

CLASS V 10-11
ALL-AROUND

1. Connor Gilliland	Albuquerque	55.200
2. David Green	Gold Cup	54.100
3. Darrin Passarelli	Gym Unlimited	53.300

CLASS V 12 & VP
ALL-AROUND

1. Andrew Uhlsheimer	GK's	52.900
2. Matt Marshall	Aurora	52.200
3. Tom Knoll	GK's	51.300

TEAM

1. Albuquerque School	162.300
2. Aurora School	161.000
3. Gold Cup	158.800

CLASS VI 7-8
ALL-AROUND

1. Max Slack	Albuquerque	56.800
2. Nick Montoya	Albuquerque	54.000
3. Nir Kalkman	Gym Unlimited	53.300

TEAM

1. Albuquerque	167.05
2. White Sands	158.25
3. Gym. Unlimited	157.80

REGION VI LEVEL 8-10 CHAMPIONSHIPS

LEVEL 10 REGIONAL CHAMPIONSHIPS

UNIVERSITY OF NEW HAMPSHIRE
APRIL 12-13, 1997

8-12 'A' TEAM

1 Sarah Rubin	Walker's	37 425
2. Kristin Westfall	STGA	36 000
3. Lisa Marcon	Expor Tiers	35 875

8-12 'B' TEAM

1 Brittany Werner	Stumpf's	35.500
2. Jenna Petrick	Expor Tiers	35 475
3 Heather Moore	Galway	34 975

13-14 'A' TEAM

1 Chris Mont'lia	Arena	38.175
2 Sarah Yockel	WWU	37 325
3 Rachel Martinez	Phoenix	36 950

13-14 'B' TEAM

1 Lindsay Magnum	Phoenix	36 050
2. Vanessa Tomes	Yellowjackets	36.050
3 Sarah Luis	NEGX	36.025

15-16 'A' TEAM

1. Lindsay Treichum	Arena	38 000
2 Janessa Grieco	Galway	37 600
3 Katie Bevis	Galway	37 400

15-16 'B' TEAM

1 Lauren Hitner	Starling	36 975
2. Sarah Meyers	Walker's	36 800
3 Megan Donoghue	Walker's	36 700

17+ 'A' TEAM

1 Rosann Kosowski	Valley	37 375
2. Sara Wardlecke	Valley	36 950
3 Ila Goldstein	Chelsea Pier	36 750

17+ 'B' TEAM

1 Dana Stencel	Stumpf's	36 425
2. Jill Fisher	Twisters	36.275
3. Dana Kizzo	NNA	36.125

LEVEL 9 STATE TEAM COMPETITION

8-11

1 Lauren Gozan	CT	35 800
2. Noella Moore	NY	35 600
3. Justine Turner	NH	35.550

12-13

1 Jessica Baumberg	NY	35 625
2. Rebekah Seabury	CT	35 600
3. Lisa Lauden	NY	35 125

14-16

1 Catherine Gardner	MA	35 475
2. Sabrina Farrego	MA	35 350
2. Jennifer Gold	CT	35 350

16+

1 Jeremy Baldwin	CT	35.275
2. Bethany Haynes	ME	33 825
3. Jennifer Richard	RI	33.725

TEAM

1 New York	177.300
2. Massachusetts	177 050
3. Connecticut	176.900

INDIVIDUAL COMPETITION

8-11

1 Brittany Forus	Arena	35 600
2. Jessica Jones	Stumpf's	34 225
3. Corissa Pirki	New Image	34 150

12-13

1 Amy Cuncinotto	Stumpf's	35 175
2 Bandi Brisbane	BRAT	35 150
3. Wendy Haskell	Stumpf's	34 750

14-15

1 Brayn McNamara	Zero Gravity	35.625
2. Nicole Wade	Walker's	35 550
3. Co Ilin MacAlpine	Nelson's	35 125

16+

1 Michelle Vigliano	Arena	34 725
2. Jessica Donnelly	Arena	34 600
3. Megan Jaworowski	Expor Tiers	34.500

LEVEL 8 REGIONAL CHAMPIONSHIPS

MAY 17, 1997
NORTHBORO, MASSACHUSETTS

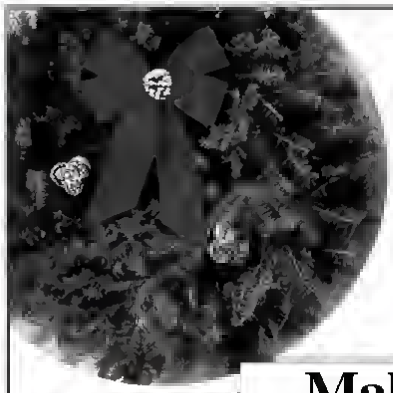
8-10

1 Caitlin Daniels	NY	34.750
2. Stacy Zickl	MA	33.950
3. Stacey Peterson	NH	33.825

11-12

1 Jackie Blanco	CT	35 625
2. Alice Mitchell	CT	35 050
3. Nicole Ozarenbowski	MA	34 925

RISING STARS continued on next page



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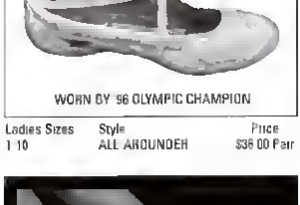

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RISING STARS continued from page 35

TEAM 8-10

1. New York		173.825
2. Connecticut		173.550
3. Massachusetts		173.150

13-14

1. Valerie Johnson	MA	35.600
2. Lauren Avinery	MA	35.275
3. C. Rothenscourt	CT	35.175

15+

1. Maria Giannetta	CT	35.450
2. Amy Hanson	CT	34.450
3. Tori Lemon	MA	33.775

TEAM 13+

1. Massachusetts	176.050
2. Connecticut	175.450
3. New York	173.875

Ashley Rogers,
Level 8 Region 1 Champion

1997 MARYLAND LEVEL 8 STATE CHAMPIONSHIPS

APRIL 26-27, 1997
FREDERICK, MD

AGE 8-10

1. Darell a Willacy	Fairland	35.650
2. Megan Muzzel	Fairland	35.475
3. Nicki Muffoletto	Harford	35.475

AGE 11

1. Gabrielle Federkiw	Top Flight	35.600
2. Sophia Pontrum	Hill's Angels	35.000
3. Sarah Auerbach	Rebounders	34.600

AGE 12

1. Kristen Rarmer	Harford	35.000
2. Samantha Smith	Rebounders	34.250
3. Kristin Sloan	St. Mary's	34.125

AGE 13

1. R. Dunvoye-Jacobs	Hill's Angels	35.275
2. Jessica Wood	Frederick	34.950
3. Cathy Schnell	Top Flight	34.850

AGE 14-15

1. Amanda Hopkins	Harford	35.000
2. Jessica Steelock	Rebounders	35.000
3. Mercy Fox	Hill's Angels	34.900

AGE 16+

1. Tara Jur Woclowsky	Frederick	35.275
2. Debbie Collins	Baltimore	34.300
3. Amanda Barber	Harford	33.925

MARYLAND STATE TEAM

(ALL AGE GROUPS)

1. Darelle Willacy	Fairland	35.650
2. Gabrielle Federkiw	Top Flight	35.600
3. Megan Muzzel	Fairland	35.475
4. Nicki Muffoletto	Harford	35.475
5. R. Dunvoye-Jacobs	Hill's Angels	35.275
6. Jennifer Woclowsky	Frederick	35.275

MARYLAND 3-MAN TEAM CHAMPIONSHIP

1. Fairland	106.500
2. Frederick	106.450
3. Rebounders	104.100
4. Top Flight	103.300
5. Baltimore	102.375
6. ACPR	101.425

MARYLAND 5-MAN TEAM CHAMPIONSHIP

1. Harford	175.825
2. Hill's Angels	174.525
3. Marvelettes	173.250

REGION 1 CHAMPIONSHIPS

APRIL 11-13, 1997
SANTA BARBARA, CALIFORNIA

LEVEL 8

9-11 YEAR OLDS

1. Ashley Rogers	Splitz	36.050
2. Alix Moss-Blackwell	Gymagic	35.775
3. Mandy Dickmon	Flips	35.775

11 YEAR OLDS

1. Staci Yamada	Lasalle	35.900
2. Lisa Sommerblick	Gliders	35.825
3. Ashl Melle	Lasalle	35.500

12 YEAR OLDS

1. Dominique Guillen	Bay YMCA	36.650
2. Lisa Lanza	Desert Devils	36.325
3. Kristen Sederbeck	Gymn. Nev.	36.050

13 YEAR OLDS

1. Teresa Ritzen	Gymagic	35.950
2. Cindy Alvarez	Byers Sacram.	35.475
3. Audrey Illukis	West Valley	35.450

14 YEAR OLDS

1. Irene Kunk	Tumbleweeds	35.850
2. Stephanie Boyer	West Valley	35.550
3. Suzanna Schlosser	Tumbleweeds	35.375

15+ YEAR OLDS

1. Jennifer Gillen	Gliders	36.025
2. Brooke Reemer	Silver State	35.725
3. Valerie Yep	Byers-Sacram	35.575

LEVEL 9

9-10 YEAR OLDS

1. Cassie Alvarado	SCATS-Hill	36.175
2. Ohin Shimamoto	Airborne	35.925
3. Karissa Vander	Gymn. Nevada	35.850

12 YEAR OLDS

1. Jamie Williams	AZ Sunrays	35.575
2. Shanon Friedman	Desert Devils	35.475
3. Raegan Reber	Gymagic	35.375
3. Kelsey Spallacy	Desert Devils	35.325
3. Jayme Gibson	Almaden	35.325

13 YEAR OLDS

1. Chrissy Lemon	Flips	36.675
2. Natalie Good	SOSU Aztecs	35.850
3. Tiffany McGuiggan	Gliders	35.825

14 YEAR OLDS

1. Stephanie Larker	Airborne	36.000
2. Kiauna Shaw	Bullie's	35.625
3. Nicki Coleman	Byers-Sacram.	35.475

15 YEAR OLDS

1. Jamie Moody	SCATS Hill	36.675
2. Brianna Romero	Xtreme	35.925
3. Jessica Sneed	SOSU Aztecs	35.675

16+ YEAR OLDS

1. Kellie Francis	SCATS Dill	36.775
2. Inbe Gomez	Almaden	36.075
3. Staci Mesler	Flips	35.500

LEVEL 10

9-12 YEAR OLDS

1. Melissa Chan	Airborne	37.550
2. Jackie Nguyen	West Valley	37.225
3. Jessica Azevedo	New Hope	36.975

13-14 YEAR OLDS

1. Mandy Delgado	West Valley	37.525
2. Christine Indman	Penser's	37.225
3. Ruth Brassler	SCATS-Hill	37.175

15-16 YEAR OLDS

1. Stacy Wong	Gymtowers	38.600
2. Christina Wong	West Valley	37.875
3. Nikki Beyschow	AZ Sunrays	37.825

17+ YEAR OLDS

1. Mindi Hilton	Bullie's	37.550
2. Kim Little	Cal West	37.450
3. Amy Ringo	Xtreme	37.100

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1997 USA GYMNASTICS NATIONAL CONGRESS

By Luan Peszek

The 1997 USA Gymnastics National Congress was held in Denver, Colo., in conjunction with the John Hancock U.S. Gymnastics Championships. This year's Congress attracted nearly 1,300 gymnastics professionals.

USA Gymnastics Congress Planner Steve Whitlock, said, "Despite the fact that many coaches and judges attended the National Workshops and Judging Symposiums earlier in the year, the attendance at Congress was quite strong. As a measure of participation at Congress, there were nearly 2,000 people attending the banquet—1,300 Congress attendees, 600 individuals from Championships including athletes, coaches, judges, staff, and sponsors, and 100 members of the organizing committee and special guests."

One of the many highlights of this year's event was the President's Assembly, where the United State's Olympic Committee's Dick Schultz spoke about how USA Gymnastics fits into the Olympic family. Also speaking was Bruno Grandi, the President of the International Gymnastics Federation and, of course, both Kathy Scanlan and Sandy Knapp, president and chairman of the board of USA Gymnastics.

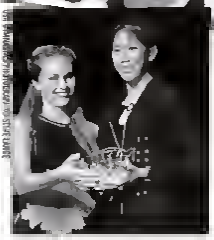
This year's exhibition hall facility was much larger than usual and presented an opportunity to feature a gymnastics performance area in the center of the hall. Several local gymnastics clubs performed general gymnastics routines and a spotting clinic was held with the assistance of Cheryl Jarrett and her crew from Capital Gymnastics in Austin, Texas.

Below: Jeff Lulla gives a presentation on breaking down core skills.

Above left: These individuals were part of the first Coaches Congress which was held in Denver, Colo., in 1965. Right: The 1997 USA Gymnastics National Congress returned to Denver in August with nearly 1,300 participants—our sport is truly growing!

Another highlight was the banquet. This event brought together both the Championships and Congress participants in a fun atmosphere with good food, lively music, dancing, video play backs and more.

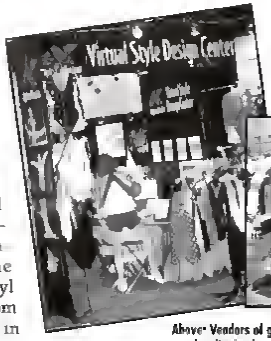
Overall the quality of presentations continues to improve and feedback from the participants indicated a high interest in the business, preschool and of course women's program presentations. In addition, the Rhythmic "Get it Going" program and, on the men's side, the two sessions on "10 Skills You Must Have" presented by the national coaching staff were very well attended and received.

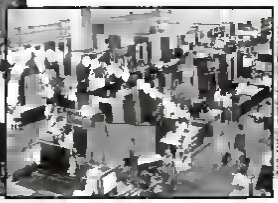


Vanessa Vander Pluym presents Natalie Lacuesta with the Rhythmic Athlete of the Year

Conrad Voorsanger presents John Roethlisberger with the Men's Athlete of the Year

Michelle Dessarre Farrell presents Kristen Maloney with the Women's Athlete of the Year





Above: Vendors of gymnastics-related businesses display their merchandise in the exhibit hall.

1997 CEREMONY OF HONORS

The Fourth Annual Ceremony of Honors was also held in conjunction with Congress. Many members of the gymnastics family were honored for their contributions. Below is a list of the award recipients:

ATHLETE OF THE YEAR

Natalie Lacuesta	Rhythmic
Kristen Maloney	Women
John Roethlisberger	Men

SPORTSPERSON OF THE YEAR

Meaghan Muller	Rhythmic
Kristen Maloney	Women
Blaine Wilson	Men

COACH OF THE YEAR

Olga Morozova	Rhythmic
Debbie Kaitschuck & Steve Rybacki	Women
Ron Brant	Men

1996 OLYMPIC MEDALISTS AWARDS

Jair Lynch
Amanda Borden
Amy Chow
Dominique Dawes
Shannon Miller
Dominique Moceanu
Jaycie Phelps
Kerri Strug
Martha Karolyi-coach
Mary Lee Tracy-coach

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Dr. Larry Nassar and Debbie Van Horn	AAC
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Tom Koll	Program Dept
Bill & Judy McElroy	Program Dept
Cindy Shane	Events Dept

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Jack Beckner
Abie Grossfeld

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(award presented by Eugene Megeysey from the Honorary Hungarian Consul of the Republic of Hungary)
Andrea Schmid Shapiro

HALL OF FAME AWARDS

Jim Hartung
Bob Lynn
Mary Lou Retton
Alla Svirsky
Peter Vidmar

SPIRIT OF THE FLAME

Bill Roetzheim

USA GYMNASTICS PHOTOGRAPH © STEVE LANGE

Left: Ron Gallimore presents Blaine Wilson with the Men's Sportsperson of the Year

Below: 1996 Olympic Medalists were honored at Congress (from l to r): Kerri Strug, Jaycie Phelps, Shannon Miller, Amanda Borden, and Jair Lynch.

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DANSCOMPANY GYMNASTICS

Meet the Gymnasts on the USA Men's and Women's Senior National Teams

continued from page 28

#17
RAEGAN TOMASEK
HOMETOWN: Mastic Beach, New York
RESIDENCE: Mastic Beach, New York
DATE OF BIRTH: September 21, 1980
AGE: 16 (17 on Sept. 21)
CLUB: Hill's Angels
COACH: Kelli Hill

Raegan is a two-time National Team member. She made her first team in 1995. She was a member of the second place team at the 1997 Pan American Championships. She also won beam, took second on floor and fifth all-around. Raegan would like to pursue a career in sports medicine. She's currently a senior at Gaithersburg High School.

#18
BECKY MELORUM
HOMETOWN: Mertztown, Pennsylvania
RESIDENCE: Mertztown, Pennsylvania
DATE OF BIRTH: May 17, 1980
AGE: 17
CLUB: Parkettes
COACH: Kill & Deanna Strauss, Jack Carter

Becky is a first-time Senior National Team member. She finished 17th all around in the junior division at the 1996 National Championships and 18th all around with the seniors this year. She's a senior at Emmaus High School and enjoys cycling, reading, hiking and swimming.

#19
JEANA RICE
HOMETOWN: Longwood, Florida
RESIDENCE: Longwood, Florida
DATE OF BIRTH: November 22, 1981
AGE: 15
CLUB: ACE Gymnastics
COACH: Boy & Jean Grul, Eric Klotzke

It's no surprise that Jeana turned out to be a top gymnast, her mother Joan was a member of the 1972 Olympic Team and is a current Brevet judge. and her stepfather Ray was a gymnast at LSU. Jeana finished 24th all-around as a junior in 1996 and moved to 19th all-around as a senior this year. Jeana has two older brothers, Steven and Sean, and a younger half-sister, Ashleigh.

#20
ALYSSA BECKERMAN
HOMETOWN: Red Bank, New Jersey
RESIDENCE: Red Bank, New Jersey
DATE OF BIRTH: January 23, 1981
AGE: 16
CLUB: North Stars
COACH: Tony & Paula Gehman

Alyssa moved up from 25th all around in the junior division at the 1996 National Championships to 20th all-around in the senior division in 1997. This is her first year on the Senior National Team. She picks bars as her favorite event and is an 11th grader at Middletown North High School in New Jersey.

MEN

#1
BLAINE WILSON
HOMETOWN: Columbus, Ohio
RESIDENCE: Columbus, Ohio
DATE OF BIRTH: August 3, 1974
AGE: 23
SCHOOL: Ohio State University
COACH: Peter Kormann

Blaine was a member of the 1996 Olympic Team and took 10th in the all-around and seventh on rings. He has had a great year in 1997, winning the Visa American Cup and the National Championships, his second consecutive title. He also won both the 1996 and 1997 NCAA Championships titles. Blaine Corew Wilson is named after baseball great Rod Carew and former Dallas Cowboys guard Blaine Nye.

#2
JOHN ROETHLISBERGER
HOMETOWN: Minneapolis, Minnesota
RESIDENCE: Minneapolis, Minnesota
DATE OF BIRTH: June 21, 1970
AGE: 27
SCHOOL: Univ. of Minnesota
COACH: Fred Roethlisberger

John is a two-time Olympian, finishing seventh all around at the 1996 Games in Atlanta, the best U.S. finish in a non-boycotted Olympics since 1932. He is a five-time World Championships team member and a four-time USA National All Around Champion. He's coached by his father, Fred, who was a 1968 Olympian. His sister, Marie, was also an Olympian in 1984. John and Kelly were married this summer!

#3
JASON GATSON
HOMETOWN: Mesa, Arizona
RESIDENCE: Colorado Springs, Colorado
DATE OF BIRTH: June 25, 1980
AGE: 17
CLUB: U.S. Olympic Training Center
COACH: Ron Brant, Vitaly Marnitchi

Jason is the youngest male gymnast ever to make a U.S. World Championships team. He is active in the Make-a-Wish program in Colorado. He has a younger brother and sister—both are very talented in dancing and acting.

#4
JOHN MACREADY
HOMETOWN: Los Angeles, California
RESIDENCE: Colorado Springs, Colorado
DATE OF BIRTH: April 29, 1975
AGE: 22
CLUB: U.S. Olympic Training Center
COACH: Ron Brant, Vitaly Marnitchi

John was a member of the fifth place team at the 1992 Olympic Games and finished 29th all-around. John was a member of the 1995 World Championships team and has qualified to compete in the 1997 World Championships as well. John would like to break into the entertainment field. He comes by this naturally since his father is a producer/director and his mother an actress.

#5
MICHAEL DUTKA
HOMETOWN: Fairless Hills, Pennsylvania
RESIDENCE: State College, Pennsylvania
DATE OF BIRTH: February 6, 1978
AGE: 19
SCHOOL: Penn State University
COACH: Mandy Jayne

Mike was a member of the 1997 Pan American Championships.

USA GYMNASTICS/TRACY WILCOX © 1997 USAG

Meet the Gymnasts on the USA Men's and Women's Senior National Teams

team that took second in Columbia. He also took fourth on vault and sixth all around and on pommel horse. His fifth place finish in the senior division at the National Championships was the highest Mike had ever placed in this event. However, in the Team 2000 division, he won the 1996 Winter Cup Challenge.

#6
JAY THORNTON
HOMETOWN: Augusta, Georgia
RESIDENCE: Colorado Springs, Colorado
DATE OF BIRTH: September 9 1974
AGE: 22 (turns 23 Sept 9)
CLUB: U.S. Olympic Training Center
COACH: Ron Brant Vitaly Marinitch

Jay took first on floor at the 1997 Pan American Championships and second on pommel horse. From his sixth place standing at the National Championships, he has qualified to compete in his first World Championships. Jay has two brothers and two sisters, one of each are involved in gymnastics. His brother, Andy, competed in the junior division at the 1997 National Championships and placed 14th all around.

#7
JIM FOODY
HOMETOWN: Addison, Illinois
RESIDENCE: Los Angeles, California
DATE OF BIRTH: April 7, 1974
AGE: 23
SCHOOL: UCLA
COACH: Doug Maxey

Jim finished seventh all-around at the 1997 National Championships moving up from 29th at the 1995 Championships. He also took second on parallel bars, tied for fourth on rings and was fifth on high bar. He has a degree in Political Science from UCLA.

#8
GARRY DENK
HOMETOWN: Northbrook, Illinois
RESIDENCE: Colorado Springs, Colorado
DATE OF BIRTH: July 16, 1972
AGE: 25
CLUB: U.S. Olympic Training Center
COACH: Ron Brant Vitaly Marinitch

Garry was a member of the 1996 World Championships team. He has been part of the National Team since 1993. His parents are the owners of the gym where Denk trained before entering the University of Iowa. He has a degree from Iowa in health promotion with a minor in business. He hopes to run/direct a corporate fitness center in the future.

#9
CHAINEY UMPHREY
HOMETOWN: Albuquerque, New Mexico
RESIDENCE: Los Angeles, California
DATE OF BIRTH: August 2, 1970
AGE: 27
SCHOOL: UCLA
COACH: Art Shudeck

Chainey was a member of the 1996 Olympic Team that finished fifth. Since the Games, he's been working on a novel, working part-time for the UCLA orthopedic department, preparing for medical school, and doing motivational speaking. He's a four-time World Championships team member and took fifth on high bar at the 1996 Worlds Championships.

#10
DAVID KRUSE
HOMETOWN: Lompoc, California
RESIDENCE: Berkeley, California
DATE OF BIRTH: July 17, 1975
AGE: 22
SCHOOL: Univ. of California-Berkeley
COACH: Barry Weiner

David's performance at the 1996 NCAA Championships made him the first four time all American at Cal since 1968, he added two more all American honors in 1997, bringing his total to six. He plans to attend medical school in the near future.

#11
TRENT WELLS
HOMETOWN: Keizer, Oregon
RESIDENCE: Berkeley, California
DATE OF BIRTH: July 27, 1974
AGE: 23
CLUB: Univ. of California-Berkeley
COACH: Barry Weiner

Trent was a member of the first place team at the 1997 NCAA Championships, where he also took second on high bar and third on parallel bars. He has a move named after him in the International Gymnastics Federation *Code of Points*. He has two brothers and one sister.

#12
STEPHEN MCCAIN
HOMETOWN: Houston, Texas
RESIDENCE: Los Angeles, California
DATE OF BIRTH: January 9, 1974
AGE: 23
SCHOOL: UCLA
COACH: Doug Maxey

Steve is a two time World Championships team member 1994 and 1996. He was a semi finalist on floor and parallel bars at the 1996 World Championships.

Steve won the 1997 Winter Cup Challenge and competed in the 1997 International Team Championships, where the U.S. senior men defeated teams from China and Romania.

#13
AARON COTTER
HOMETOWN: Lincoln, Nebraska
RESIDENCE: Colorado Springs, Colorado
DATE OF BIRTH: August 2, 1974
AGE: 23
CLUB: U.S. Olympic Training Center
COACH: Ron Brant, Vitaly Marinitch

Aaron was a member of the second place team at the 1997 Pan American Championships in Columbia. He also won high bar at this event. He took first all-around at the 1996 National Championships in the Team 2000 19 and up age division. This is Aaron's first year competing as a senior.

#14
JAMIE NATALIE
HOMETOWN: Wilmington, Delaware
RESIDENCE: Hockessin, Delaware
DATE OF BIRTH: February 22, 1979
AGE: 18
CLUB: Prestige Gymnastics
COACH: Fred Abbott

Jamie is a freshman at Ohio State University. He competed in the 1997 International Team Championships, where the U.S. juniors took second behind China but ahead of Romania. This is Jamie's first year competing as a senior. Last year he took second all-around in the Team 2000 16-18 age division at the National Championships.

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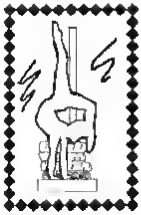

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ATLANTA IS THE PLACE TO BE IN 1997! We are looking for qualified coaches to help oversee our expanding programs. We have a comprehensive gymnastics program which needs an enthusiastic coach who can work well with boys, girls, cheerleading, tumbling, and preschool classes. Salary is negotiable based on experience. Please send your resume to: Gym South Gymnastics, 119 N. 85 Pkwy, Fayetteville, GA 30214. (770)461-5528 or fax at (770)461-0955

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GYMNASTIC ACADEMY OF BOSTON: Positions for full and part time experienced coaches for recreational and strong team programs. Also Directors position available. Great facilities, pay and benefits. Send resume to: Nancy Ferreira, 5 Hawktree Drive, Westwood, Ma. 02090 or call (617)326-2287.

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To place a classified ad: $75 every 90 words. Deadline: November/December—September 16; January/February—November 16. Send ad with payment to: USA Gymnastics, Classified Ads, Pan American Plaza, Suite 300, 201 S. Capitol Ave., Indianapolis, IN 46225.

Ads submitted without payment WILL NOT BE ACCEPTED

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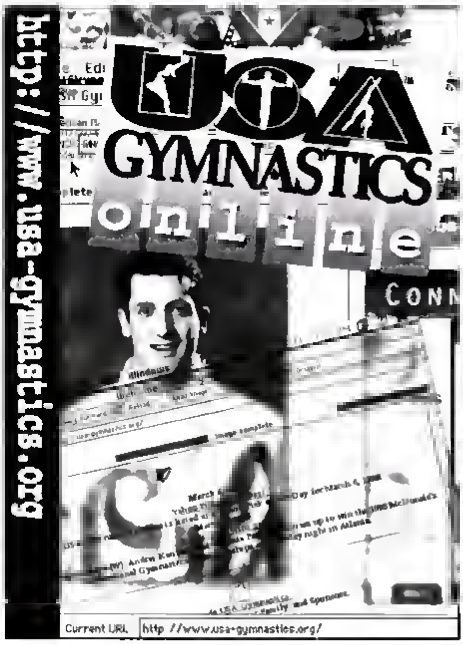

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John Hancock TOUR OF World Gymnastics Champions

Magnificent Seven Together Again for the John Hancock Tour of World Gymnastics Champions

The John Hancock Tour of World Gymnastics Champions is BACK!

Sandy Knapp, USA Gymnastics Chairman of the Board, announced that all seven members of the 1996 Olympic Gold Medal winning women's gymnastics team (Amanda Borden, Amy Chow, Dominique Dawes, Shannon Miller, Dominique Moceanu, Jaycie Phelps and Kerri Strug) will be together for the Tour

This marks the first time that the team has performed together since their historic gold medal efforts at the 1996 Olympic Games in Atlanta

Knapp added, "We are pleased that the Magnificent Seven is once again united and will have the opportunity to receive the appreciation of American gymnastics fans in what promises to be a highly successful tour."

In addition to the women's team, Mihai Bagiu, John Macready, John Roethlisberger, Kip Simons, Chainey Umphrey, and Blaine Wilson, all members of the 1996 U S. Olympic Men's Team, will perform on the tour Also making special appearances are World Champions Kurt Thomas and Kim Zmeskal, Olympian Jessica Davis, and 1996 All-Around Olympic Medalist Lilia Podkopayeva

The Tour is sanctioned by USA Gymnastics and a portion of the ticket sales will be contributed to USA Gymnastics to support gymnastics in America The tour is produced by Bill Graham Presents and Jefferson Pilot Sports, in conjunction with John Hancock Mutual Life Insurance Company Each performance is a two-hour live exhibition featuring routines on the uneven bars, balance beam, floor exercise, parallel bars, still rings, pommel horse, and rhythmic gymnastics. Each tour date will also feature exhibitions by local gymnasts

The John Hancock Tour of World Gymnastics Champions will once again utilize USA Gymnastics Member Clubs' gymnasts to participate in the shows.

25	**FT. MYERS** *Lee Civic Center*	941-543-7469
26	**MIAMI** *Miami Arena*	305-358-5885 954-523-3309 561-966-3309
27	**ORLANDO** *Orlando Centroplex*	407-839-3900 904-353-3309 813-207-8844
28	**CHARLOTTE** *Independence Arena*	704-522-6500
[illegible]		
3	**BOSTON** *FleetCenter*	617-931-2000
4	**PHILADELPHIA** *CoreStates Center*	215-336-2000
5	**LANDOVER** *USAir Arena*	202-432-SEAT 410-481-SEAT 703-573-SEAT 1-800-551-SEAT
10	**MOBILE** *Civic Center*	1-800-488-5252
11	**FT. WORTH** *Tarrant County Civic Center*	1-800-654-9545
12	**HOUSTON** *Summit*	713-629-3700
17	**CLEVELAND** *Gund Arena*	216-241-5555
18	**DAYTON** *Nutter Center*	937-228-2323
19	**DETROIT** *The Palace*	810-645-6666
23	**OKLAHOMA CITY** *Myriad Center*	405-297-3000
24	**ST. LOUIS** *Kiel Center*	314-969-1800
25	**GRAND RAPIDS** *Van Andel Arena*	616-222-4000 1-800-505-3737
26	**INDIANAPOLIS** *Market Square Arena*	317-239-5151
30	**MINNEAPOLIS** *Target Center*	612-989-5151
31	**CHICAGO** *Rosemont Horizon*	312-559-1950
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1	**ROCKFORD** *Metro Center*	815-968-5222
2	**MILWAUKEE** *Bradley Center*	414-276-4545
7	**LONG ISLAND** *Nassau Coliseum*	516-888-9004 914-454-3388 212-307-7171
8	**ALBANY** *Pepsi Arena*	518-476-1000
9	**MEADOWLANDS** *Continental Arena*	201-507-8900 609-520-8383 212-307-7171 914-454-3388
14	**PHOENIX** *Coliseum*	602-503-5555
15	**ANAHEIM** *Arrowhead Pond*	714-740-2000
16	**SAN JOSE** *San Jose Arena*	408-998-2277 510-225-2277 707-546-2277 209-226-2277 1-800-225-2277
21	**SACRAMENTO** *Arco Arena*	916-923-2277
22	**PORTLAND** *Rose Garden*	503-224-4400
23	**SEATTLE** *Key Arena*	206-628-0888
28	**STATE COLLEGE, PENN.** *Bryce Jordan Center*	1-800-863-3336
29	**HARTFORD** *Civic Center*	860-525-4500 201-624-0033
30	**PITTSBURGH** *Civic Center*	412-323-1919

CHALK TALK

Jackie Calderone Head Coach of Gemini Gymnastics in Pittsburgh, Pennsylvania, was married on July 19 1997, and included 17 members of her gymnastics team in the wedding party. The girls ar Level 7 8 and 9 gymnasts and it was a very special day for everyone!

A PERFECT SCORE

By Lauren Cavalcanti age 12
Pittsford, New York

As she lets go of the bar and twists through the air
She lands on the mat without even a care

She throws her hands up and looks at the judge,
with her feet on the ground just dar na to budge

The excited crowd shouts out and cheers
while her eyes fill up with round little tears.

While she sits in her chair and waits for the score
the crowd is s lent and then came the roar

She saw the score and jumped on the mat,
It was a perfect 10 00 can you believe that!

She knew she was better than all the rest
and everyone agreed that she was the best

With her chin up and a smile on her face,
everyone knew that she won 1st place!

Dear JOHN ROETHLISBERGER,
I m 11 years old and my gym is Tupelo Academy of Gymnastics. I m in between Class V and VI I have some questions. What age did you start gymnastics? What are your favorite foods and drinks? What are your favorite movies and TV shows? I watched you compete in the Olympics and you were great
Dylan M Anders
Tupelo, Mississippi

Dear Dylan,
I started gymnastics when I was about 3 years old because my dad is a coach and I would always go to the gym with him. My favorite foods are Italian and Chocolate! My favorite movies are action movies like Arnold Schwarzenegger movies and Star Wars movies. My all-time favorite TV show is "Cheers." Good luck and train hard!

MY SPORT

By Alan Palesko
Austin, Texas

Gymnastics,
A part of pain,
a part of my life,
a part of my joy

Six days a week
I practice,
I improve,
I live.

Regionals,
the deciding competition
Will I continue?
Or does my season stop here?

[illegible] done
[illegible] one competition
[illegible] chance to compete
against the best in the nation.

[illegible]ve prepared
physically emotionally
and mentally
Can't break down now

Dear AMY CHOW,
My name is Korey My Korean name is Jung-Ae. I'm one of your biggest fans I look a lot like you I'm 8 years old, and a Level 8 gymnast Are you still competing? Do you miss your teammates from the Olympics
Korey Buecheler
Syracuse, New York

Dear Korey,
Yes, I'm still competing in professional gymnastics competitions and I'm planning to once again participate in the John Hancock Tour of World Gymnastics Champions which will travel to 33 cities from September through November 1997. Yes, I do miss my teammates very much. I'm looking forward to seeing them in September on the tour!

USA GYMNASTICS PHOTOGRAPHY

For all you Amy Chow fans here's an update Amy is planning to attend Stanford in the fall of 1997 She also took a trip to Hong Kong this summer to see where her mom and dad grew up She had a great time!!

Illustration by
Reed Murray
Age 8
Tampa FL

If you have a question or comment send it to:
USA Gymnastics, Chalk Talk, Pan American Plaza,
201 S. Capitol Avenue,
Suite 300, Indianapolis, IN 46225.

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To Order Call: 1-800-THE MATS or 1-800-326-9307

JULY 23, 1996

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